

Being a Single Parent in Frankfurt

INFORMATIONS
AND ADDRESSES



FRAUEN

REFERAT

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We neither lay any claim to completeness nor guarantee for the correctness of any statements made in this pamphlet.

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Dear single mothers and fathers,

being a single parent these days is a common form of life. In Frankfurt, 23.4 percent of all families are so-called one parent families; this equates to

15,500 households in our city and this number is rising.

Being a single parent is usually a women's issue for the majority of cases, because for each single father there are nine single mothers.

Juggling family and a career is a challenge for any single parent. The things that women and some men have to do as single parents, must be seen, supported and recognised by politicians and society as a whole. Extending the support network is one of my main duties as head of the Department of Women's Affairs, in my eyes.

We men and women of Frankfurt already have a good and stable network of places to go for help, advice and various services to support our single parent families. However, we also learn new things, adapt to societal changes and keep this network of help offers alive in Frankfurt. For this reason, we have decided to update the much sought-after and widely used Guide for Single Parents.

It was first printed in 2010 by the Department of Women's Affairs and many specialists and partners; the new version also offers handy, easy to read and comprehensive assistance and support for single parents.

I would like to take this opportunity to thank everyone who helped with this current edition.

For you, dear readers, I hope that this edition gives you the help and support that you need.

Yours

Sarah Sorge

Dear Readers,

In recent years, being a single parent has received more attention from scientists and politicians. Studies show that the risk of poverty is very high in Germany, especially for single mothers. There are many reasons for this.

One important one is the scepticism many working mothers are met with – including those who aren't single parents – in many areas of professional life. This has to change. We will fight to make sure that single parents receive the societal recognition they deserve for the service and performance they provide, instead of making them pay by being at a greater risk.

With our pamphlet “Being a Single Parent in Frankfurt”, we would like to show you practical solutions to improve the situation.

Much has changed in the last three years since this pamphlet was first published, so we would like to present you with the current second edition. We are aware that further changes – be they big or small – are only a question of time. That is why we have put the pamphlet online with a few addresses and would like to ask your help: help us to keep the range of information available to single parents in Frankfurt current and up-to-date. Let us know if you see anything new, or would like to add anything that we have missed – we will make the necessary changes as soon as possible on our website, www.alleinerziehende.frankfurt.de.

Our Women's Guide, which can be found on www.frankfurt.de/frauen-guide, can offer you further information and addresses which could be important.

We would like to thank everyone who has helped us update this edition and welcome your feedback.



Gabriele Wenner
Head of the Department
of Women's Affairs



Bettina Eichhorn
Consultant for Education and Work

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How to find the correct address: go to the address section and search for the starting letter of the German term for the institute you are looking for.

SEPARATION AND DIVORCE

Divorce and separation often come with a mountain of challenges, ranging from finding new perspectives, to re-

organising everyday life, to clarifying the legal and financial situations. These problems cannot always be solved to everyone's satisfaction. The following pages will give you important advice and legal advice regarding some important family law regulations.

ADVICE AND HELP

The Kinder- und Jugendhilfegesetz (Law for the protection of Children and Young People) guarantees specialist, confidential legal advice and support which is free of charge to all parents, children and young people: for matters regarding child care and co-inhabiting, partnership, separation and divorce, and questions regarding parental custody, maintenance and visitation rights. You can go to one of the 9 social town halls responsible for you, or to one of the 15 child care advice centres (see page 48 onwards), and a number of different advice centres and institutions.

- Sozialräthäuser, Kinder- und Jugendhilfe Sozialdienst
Town Halls
- Erziehungsberatungsstellen
Child Care Advice Centres
- Pro Familia
- Beratung und Begegnung für Frauen, Caritasverband Frankfurt
Advice and Consultation for Women, Caritas Association Frankfurt
- Beratungsstelle für Frauen des Diakonischen Werks Frankfurt
Advice Centre for Women of the Social Welfare Organisation of Germany's Protestant Churches
- Evangelisches Zentrum für Beratung und Therapie
Protestant Centre for Advice and Therapy
- Krisen- und Lebensberatung im Haus der Volksarbeit
Counselling in times of Crisis and Hardship at the Haus der Volksarbeit
- Internationales Familienzentrum
International Family Centre
- Kinder- und Familienzentrum Monikahaus
Children and Family Centre
- Arbeitskreis Partnerschaftskrise, Trennung, Scheidung
(kostenpflichtig)
Working Group: Crisis in Relationships, Separation, Divorce
(subject to charge)
- Väteraufbruch für Kinder
Crisis Centre for Fathers
- Informationszentrum für Männerfragen
Information Centre for Men's Issues



- Verband binationaler Familien und Partnerschaften, iaf
Society of Binational Families and Partnerships
- Stiftung Waisenhaus Frankfurt am Main
Orphanage Charity Frankfurt am Main
- Verband alleinerziehender Mütter und Väter (VAMV)
Society of Single Mothers and Fathers

You can also use the **advice hotline** provided by the Telefonseelsorge (Samaritans), any time of day or night, anonymous and free-of-charge:
Telephone: 0800 1110111 or 0800 1110222

LEGAL ADVICE

Town halls and advice centres offer information regarding the basics of the legal situation. However, according to law, only **legal practitioners** can give you binding legal information regarding your individual situation. This always incurs costs. People on a low income can apply for **legal aid** to attend a legal consultation session, or to assert their rights. The application for legal aid for legal consultation has to be filed before the county court. If it is allowed, you will get a letter of entitlement with which you can attend a consultation session with a lawyer of your choice. S/he is obliged to give you qualified legal counsel at a charge of 10 Euro

at present. In certain circumstances, the costs of your legal practitioner and those of the court during legal proceedings will be carried by the state.

- Amtsgericht, Rechtsantragsstelle
County Court, Legal Petition Office

Legal consultation for people with a low income is given, in German, for 10 Euros or free of charge

- Rechtsauskunftsstelle des Frankfurter Anwaltsvereins
Legal Advice Centre of the Frankfurt Bar Association

Addresses of specialist legal practitioners (in all areas of law and in many different languages) can be found on www.anwaltsauskunft.de

Some advice centres organise free or **inexpensive legal advice sessions** given by legal practitioners specialised in family law, for example

- Zentrum Familie im Haus der Volksarbeit
Family Centre at the Haus der Volksarbeit
- Beratungsstelle für Frauen des Diakonischen Werks Frankfurt
Advice Centre for Women of the Social Welfare Organisation of Germany's Protestant Churches
- Väteraufbruch für Kinder (only for members)
Crisis Centre for Fathers
- Verband binationaler Familien und Partnerschaften, iaf
(International Family Law)
Society of Binational Families and Partnerships

Legal advice for Children and Young People, either alone or with their parents, on all issues that affect children and young people, not just regarding family law, can be found at

- Frankfurter Kinderbüro
Frankfurt Child Care Office
- Deutscher Kinderschutzbund
German Child Protection Agency

CUSTODY

When parents separate or divorce, they usually keep joint custody of the children. Important decisions then have to be made mutually by both parents. Decisions regarding day-to-day life are made by the parent with whom the child resides. You can find help and advice for joint custody and visitation from

- Sozialräthäuser, Kinder- und Jugendhilfe Sozialdienst
Town Halls
- Beratungsstellen (see page 7)
Advice Centres
- Rechtsanwältin/Rechtsanwalt
Legal Practitioners

However, joint custody is not always the best idea. That is why a petition can be filed to afford whole or part custody to one of the parents.

→ [Amtsgericht, Abt. Familiengericht](#)
[County Court, Dept. Family Court](#)

In the past, custody of a child for **non-married parents** was automatically given to the mother. Only with her agreement could the custody be shared between both parents. The “law to reform parental custody of non-married parents”, which came into power on 19/05/2013, changed the situation.

In accordance with this law, joint parental custody is afforded if the couple marries, or they sign a declaration of custody.

→ [Sozialräthäuser](#)
[Town Halls](#)
→ [Notarin/Notar](#)
[Notary](#)

The father, however, can petition the family court to transfer the parental custody to both parents, if the transferral does not endanger the child. This is decided in accelerated proceedings by the family court, during which the mother is given the chance to make a statement. The mother’s permission to transfer the custody to the father is no longer required today.

→ [Amtsgericht, Abt. Familiengericht](#)
[County Court, Dept. Family Court](#)

Special regulations apply to single mothers who are also minors. The parental custody is then transferred to the child’s father, if he is of age, or the grandparents (if in a common household); otherwise the Jugendamt (Youth Welfare Office) is the legal guardian.

VISITATION RIGHTS

The parent who does not live with the child has visitation rights. The child itself has a right to see both parents. The parents themselves have to agree on specific rules regarding visitation. Support can be found at

→ [Sozialräthäuser, Kinder- und Jugendhilfe Sozialdienst](#)
[Town Halls](#)
→ [Beratungsstellen \(see page 7\)](#)
[Advice Centres](#)
→ [Rechtsanwältin/Rechtsanwalt](#)
[Legal Practitioners](#)

Should the parents not be able to agree on visitation rules and rights for the child, the family court can be called upon to draw up regulations. In certain cases, **supervised contact** can be ordered by the court.

→ [Amtsgericht, Abt. Familiengericht](#)
[County Court, Dept. Family Court](#)

MAINTENANCE LAW

2008 saw the introduction of a change in the law governing maintenance. The **child’s maintenance** is now the **main priority**, independent of whether the parents are married or were married. Maintenance for the parent caring for the child (which is called **Ehegattenunterhalt** for married parents or **Betreuungsunterhalt** for non-married parents) is second in line. The goal is that, after divorce/separation, both parents should strive to secure their own income.

The parent who does not continually look after the child has to pay **child maintenance**. The amount of maintenance is calculated according to the amount of useable income of the parent who has to pay maintenance and the child’s age; the so-called “DüsseldorferTabelle” offers guidelines for this. The current legal **minimum maintenance amount** is 317 Euro for children from 0 to 5 years of age, 364 Euro for children from 6 to 11 and 426 Euro for children from 12 to 17 years of age.

The minimum amount for children in vocational training is 488 Euro.

Maintenance may be cut by half of the amount of child benefit.

For parents who are not married, the paternity must be ascertained or recognised in order for maintenance claims to be made.

The child’s maintenance entitlement vis-à-vis the parent who is obliged to pay maintenance can be asserted, if requested, as part of the **assistance** offered by the Jugendamt (Youth Welfare Office). This service can also be called upon to **ascertain paternity**.

→ [Sozialräthäuser, Kinder- und Jugendhilfe Wirtschaftsdienst](#)
[Town Halls](#)

In cases where problems persist, the child’s maintenance can also be brought before court - this is also possible in cases of joint custody. To do this, you either require the assistance offered by the Jugendamt or a lawyer.

→ [Amtsgericht, Abteilung Familiengericht](#)
[County Court, Dept. Family Court](#)

Should the child’s maintenance not be paid in full or paid irregularly, the single parent can obtain maintenance prepayment or subsidy in accordance with the Unterhaltsvorschussentbürokratisierungsgesetz (German law to lessen bureaucratization in maintenance prepayments). This is usually paid for a maximum of 72 months and up to the child’s 12th birthday. Children under the age of 6 will receive 133 Euro, after that they receive 180 Euros. Information and advice can be found at

→ [Sozialräthäuser, Kinder- und Jugendhilfe Wirtschaftsdienst](#)
[Town Halls](#)

Ehегatten-/Betreuungsunterhalt is available to the parent taking care of the child, as long as the parent cannot be expected to work while taking care of the child. This is paid until the child's third birthday, but in some cases for longer. As of the third birthday, the parent is obliged to find work, but this does not have to be full-time. If your child requires intensive care because of illness, or if the child care in your area is insufficient, this can have an effect on your income and child maintenance, as can the fact that you may not have worked for many years in your chosen profession because of child care and re-entering the market is therefore more difficult for you.

In many cases, you may not receive sufficient support after the other parent's "excess", your child's maintenance and that of other possible children has been taken into account. You can receive comprehensive advice from:

- Sozialräthäuser, Kinder- und Jugendhilfe Wirtschaftsdienst
Town Halls
- Beratungsstellen (see page 7)
Advice Centres
- Rechtsanwältin/Rechtsanwalt
Legal Practitioners

TIP

Ever visited Neufundland?

Furniture, lamps, accessories, electronic devices, household goods, crockery, books – the Secondhand Warehouse in the Werkstatt Frankfurt offers a wide range of wares for every bargain hunter.
Lärchenstraße 135, 65933 Frankfurt
Telephone 939996-0
neufundland@werkstatt-frankfurt.de
Open Mo–Fr 9 a.m.–6 p.m., Thurs until 8 pm,
Sat 10 a.m.–4 p.m.

OFFICIAL STATE SUPPORT

The state support available to you has to be assessed in each individual case. The

following pages will give you some information to start with. Each institution responsible is obliged to give you comprehensive advice.

SUPPORT FOR WIDOWS AND ORPHANS

If the requirements are fulfilled, those left behind from marriages or civil partnerships can receive **support for widows** from the German pension insurance.

Children of dead parents can receive **support for semi-orphans or full orphans**, even if the parents were not married: until the child's 18th birthday, or at most until the child is 27, if the child is still in school or vocational training. This also applies to the death of grandparents if they raised the child. Also the parent who raised the child could be entitled to **support for raising the child**, which needs to be assessed. Information and advice can be found at

- Versicherungsamt der Stadt Frankfurt
Insurance Office for Frankfurt am Main
- Deutsche Rentenversicherung
German Pension Insurance

TIP

Single Grant from the Caroline Hansellmann Foundation

The express goal of this dependent foundation is the support of single mothers (today also fathers) and their children. They must be "in need"; however, the income limits are more generous than in other cases. Anything that makes your life easier is supported, furniture, household goods, clothing and necessary medical treatment, for example.
Form-free petitions to Jugend- und Sozialamt, Stiftungsverwaltung, Eschersheimer Landstraße 241–249, 60320 Frankfurt, Telephone 212-35171

PARENTAL BENEFITS

Under certain circumstances, single parents are entitled to 14 months parental benefit. Employed and self-employed single parents can receive 67 per cent of their previous taxable net income/profit up to an amount, however, of 1,800 Euro maximum. Those on low incomes or who work part time and earn less than 1,000 Euros a month receive a percentage which is calculated individually.

If the single parent did not earn any income at all before the birth - those on state support, students, housewives or mothers who have not worked for a long time - s/he receive a minimum monthly amount of 300 Euro. This amount is calculated onto ALG II (German income support) up to an amount of 30 Euro, however, it is not calculated onto Wohngeld (German Housing Benefit). Upon request, the monthly amount can be halved, thereby doubling the amount of time in which the money is paid.

→ [Hessisches Amt für Versorgung und Soziales, Elterngeldstelle](#)
Hessian Social Welfare Office, Dept. for Parental Benefit

CHILDCARE SUPPLEMENT

As of 1st August 2013, Childcare supplement (State Support for Child Care) is available for each toddler and new born child under three years of age if the parents have not filed a claim for state or publically (co-)financed child care, but would like to take care of their child alone or put it into private child care - e.g. by the grandparents or a private parental initiative, or by child carers who work outside public child care. Even parents who work are entitled to this benefit!

Childcare supplement is paid at an amount of 100 Euro (150 Euro as of 1st August 2014) and is paid after the last payment of Elterngeld (parental benefit) and for a maximum of 22 months, for all children born after 1st August 2012. It is calculated fully onto ALG II, Public assistance (money given to people who do not receive ALG II) and the Kinderzuschlag (child subsidy); with ALG I (German Job Seekers Allowance I) and BAföG (German Student Loan), there are tax exempt amounts. The legal right to a nursery school placement is not affected by the receipt of Childcare supplement. You must tell the authorities responsible immediately if you decide to place your child in public child care, even temporarily.

Information and advice, even about hardship cases, can be found at the

→ [Hessisches Amt für Versorgung und Soziales, Elterngeldstelle](#)
Hessian Social Welfare Office, Dept. for Parental Benefit

JOBSEEKER'S ALLOWANCE I

Arbeitslosengeld I (ALG I; German Job Seekers Allowance I) is part of social security contributions based on the Sozialgesetzbuch III (SGB III; German Social Law). It is paid for a set period of time to those who become unemployed and register as such with the Agentur für Arbeit (German Employment Agency), and have worked for at least 12 months in a position in which social security contributions were made within the last two years before filing a claim. Unemployed claimants with at least one child will receive 67 percent of their previous basic net salary. The amount of time for which the benefit is paid is 12 months until the claimant is 50 years of age, 24 months after the claimant is 50.

You will only be recognised as unemployed if you are available for work; this means ensuring your child care! If you are unemployed and do not receive ALG I, you will have to renew your registration as unemployed every three months at the latest in order to protect any other claims.

Important Note! Your allowance is orientated according to your last income, as long as you have worked for at least 150 days/5 months in a job where you made social security contributions in the last two years. Otherwise, your allowance is based on a fictive amount which is often lower. The 67 percent you will expect can therefore - in cases of unemployment after a long time due to parental leave - be less than expected.

Also! The amount of your allowance is also based on how many hours a week you want to work. If you worked full time before you received your allowance and now require a part-time job, your allowance will be reduced according to the amount of work you are looking for.

For more exact information about the payment of Arbeitslosengeld I in each individual case, please contact the **payment department** of the Agentur für Arbeit (German Employment Agency) - however, not only after you've just been made unemployed, but also when it becomes apparent that you will be made unemployed and for any other change to your employment status; for example, with questions regarding termination agreements, restricted periods, employment during pregnancy and whilst looking after children.

→ [Agentur für Arbeit, Hotline 0800 4555500](#)
German Employment Agency

You can register unemployment and apply for ALG I at

→ [Agentur für Arbeit Frankfurt](#)
German Employment Agency Frankfurt

JOBSEEKER'S ALLOWANCE II

Arbeitslosengeld II (ALG II; German Job Seekers Allowance II) is a state support benefit which is based on the Sozialgesetzbuch II (SGB II; German Social Law Book II).

Whoever is between 15 and 64 years of age, able to work and in need of support, i.e. whoever is principally able to work for at least three hours a

day and cannot support him/herself completely from his/her own income, is entitled to help. Spouses, civil partners and children up to 25 years of age who contribute to the household are also entitled to help. Entitlement includes costs for living, health insurance, a reasonable home with heating, as well as additional costs and grants. Also, whoever does not earn enough money, or receives too little benefit from ALG I, can apply for ALG II. When calculating the entitlement, the total income of every person contributing to the household is taken into account. Maintenance and child benefit is offset completely, parental benefits are offset to a sum of 30 Euro and there are concession amounts.

The **regular entitlement** is (as of August 2013)

382 Euro for single adults,
345 Euro for partners over 18,
224 Euro for children from 0 to 5 years,
255 Euro for children from 6 to 13 years,
289 Euro for young people from 14 years until they come of age,
306 Euro for adults without their own household.

Single parents are entitled to an **additional entitlement**, i.e. a regular additional amount which is given to them. Depending on the number and age of the children, this is between 45 and 137 Euro per month. Pregnant women after the 13th week of pregnancy receive an additional entitlement of between 58 and 64 Euro.

There is also a single **grant to furnish the first apartment** available; for example, if, after separation, the joint apartment does not contain enough furniture, or none at all, or if you are pregnant and have to leave your parents' house to live on your own for the first time. Pregnant women are also entitled to further support, see the chapter on "maternal protection during pregnancy".

Children are also entitled to support for education and participation (for specific information see page 16) if their family is on a low income.

For advice on Arbeitslosengeld II, for education and participation support and to file an application, visit

→ **Jobcenter Frankfurt: in Höchst, Nord, Ost, Süd, West or Mitte**
Job Centre Frankfurt in Höchst, North, East, West or Mitte

Information is available on the website: www.Job-Center-ge.de

PUBLIC ASSISTANCE

Help in covering the costs of living, securing a basic standard of life in old age and when you are no longer able to work as much as you were (Public Assistance, which literally means social help) are all official benefits, the payment of which is based on the Sozialgesetzbuch XII (German Social Law Book XII). A regular entitlement to cover the costs of daily life including reasonable board and heating is given to people in need, who are fully incapacitated and therefore **unable to work**. The entitlement is comparable to that of recipients of Arbeitslosengeld II. Single parents also have a right to extra entitlement and a grant to furnish their first apartment; their children are entitled to support for education and participation.

→ **Sozialräthäuser, Soziale Hilfen Wirtschaftsdienst**
Town Halls

SUPPORT FOR EDUCATION AND PARTICIPATION

Children and young people from families on a low income are entitled to **support for education and participation**. This covers the costs of school requirements, free time activities, school or nursery school trips, food at school or nursery school, class outings and nursery school free time,



school transport costs as of 11th grade, or supplementary learning costs. For information, please contact the following centres:

If you receive Arbeitslosengeld II, or are on a low income, please contact

→ [Jobcenter Frankfurt](#)
[Job Centre Frankfurt](#)

If you receive support in old age/are permanently incapacitated, or receive support to cover everyday costs, or support based on Asylbewerberleistungsgesetz (German Law on Support for Asylum Seekers), please contact

→ [Sozialräthäuser](#)
[Town Halls](#)

If you receive child support or housing benefit, please contact

→ [Jugend- und Sozialamt, Zentrales Team 51.A66](#)
[Youth- and Social Welfare Office, Central Team 51.A66](#)

Principally, applications are accepted everywhere and forwarded onto the team responsible. Simply go and find out if you can apply!

CHILD BENEFIT

For the first and second child, child benefit is paid at 184 Euros per child, the third child receives 190 Euros and every further child will receive 215 Euros. It is paid for every child up to 18 years of age; for children who are in vocational training, who are studying, or who are looking for an apprenticeship, it is paid until the child is 25; for children looking for work, it is paid until they are 21. For children who cannot cover their own living costs because of a disability, the benefit is paid indefinitely.

The benefit is paid to the parent with whom the child lives. Child benefit must be applied for at the Family Benefits Office. Civil servants working in the public sector will receive the benefit with their salary. For more information, please contact

→ [Familienkasse der Agentur für Arbeit](#)
[Family Benefits Office at the German Employment Agency](#)

CHILD SUBSIDY

Parents on a low income can receive an extra 140 Euros maximum as a child subsidy for each unmarried child under the age of 25, in addition to child benefit. The requirement is that the parents can cover the basic costs of living with their own money, but do not earn enough to cover the costs of their children. The child subsidy is supposed to prevent parents

from having to apply for Arbeitslosengeld II. Maintenance and maintenance pre-payment, however, are offset in total. The recipient of the child subsidy can also apply for housing benefit and support for education and participation for their children. The calculation of the child subsidy, however, requires a lengthy consultation session.

→ [Familienkasse der Agentur für Arbeit](#)
[Family Benefits Office at the German Employment Agency](#)

MAINTENANCE PREPAYMENT AND SUPPORT

If child maintenance is not paid, paid irregularly, or not paid sufficiently, single parents can receive maintenance prepayment or support, upon application, in accordance with the Unterhaltsvorschussentbürokratisierungsgesetz (German law to lessen bureaucratization of maintenance prepayments). This is paid for a maximum of 72 months, at the latest until the child's 12th birthday. Children under 6 receive 133 Euros, older children receive 180 Euros.

→ [Sozialräthäuser, Kinder- und Jugendhilfe Wirtschaftsdienst](#)
[Town Halls](#)

TAX REBATES

Check your tax class – depending on each individual situation, tax class 2 or 1 is usually correct. If you are in tax class 5, you should have that changed as soon as you are separated; all indemnities in lieu of salary are based on the net income and these are significantly lower in tax class 5.

Single parents in tax class 2 are entitled to a **relief amount** of 1,308 Euros per year. The fiscal authorities also recognise **all child care costs** of children up to 14 years of age, a maximum of 4,000 Euros per year per child. (Collect your receipts!) Information can be obtained at

→ [Finanzamt](#)
[Fiscal Authority](#)

HOUSING BENEFIT

Housing benefit is paid as an addition to rental payments, or as “payment relief” for residential property that you use yourself. The amount is calculated according to the household's total income, and the type of residence and how it is furnished. Recipients of ALG II and Public assistance cannot apply for housing benefit. However, children of recipients of housing benefit are also entitled to support for education and participation.

→ [Amt für Wohnungswesen](#)
[Agency for Housing](#)

FRANKFURT-PASS

The Frankfurt-Pass is a support service given by the city of Frankfurt for households on a low income which have Frankfurt as their main residence. Carriers are entitled to a list of discounts: the youth and social office's holiday card and the library can be used free of charge; entry to swimming baths, the zoo and the Palmengarten costs only 1 Euro for adults and 50 cents for children. The entry fee is halved in many other public institutions and with many other free time activities. Courses at the adult education centres and RMV (Train/Bus Ticket) tickets are reduced as well.

The income boundaries: 869 Euros net for single person households, 1,125 Euros net for two person households, 256 Euros more for each further person. The Frankfurt-Pass is available upon application at the town hall in your area. Recipients of ALG II, support in old age or incapacity benefit, support for every day costs or support based on Asylbewerberleistungsgesetz (German Law on Support for Asylum Seekers) have to provide the relevant paperwork regarding their receipt.

→ Sozialräthäuser, Infostelle
Town Halls, Information Centre

TIP

Gelbe Seiten Familie & Kind (Yellow Pages Family & Child)

New every October
This telephone book for families in Frankfurt and Offenbach is a co-operative project between the Trifel Printing House and the Frankfurt Kinderbüro. It contains more than 6000 addresses for health, advice & help/government agencies & official business, education & consultation, free time & entertainment/games & sport, shopping & nights out/food & drink. The telephone book is available free of charge in hospitals, nursery schools and kindergartens, schools, doctors' practices, companies, retail outlets, at events and, for example, in the Frankfurt Kinderbüro.
If required: Trifels Verlag, Telephone 29999-0

WORK AND PROFESSIONAL LIFE

ADVICE AND ORIENTATION

The need for advice and professional (re-)orientation can have very different reasons. Separation and divorce are two

of them. Maybe you are also unemployed and are looking for a new place to work. Or you gave birth at a young age and therefore have no official qualifications. Maybe you are not happy at work and would like to go in a new direction. Maybe you have just immigrated to Germany and would like to find your first job. You have different possibilities depending on your current situation.

If you have not worked, or only worked for a low income in the last few years, and are now looking for a position, you can make an appointment for a personal consultation with the **employment agency**; you can also do this if you are in employment and want to change your career direction.

→ Agentur für Arbeit, Telephone 0800 4555500
German Employment Agency

TIP

Winter Play Area of the Protestant Free Church (Evangelisch-Freikirchliche Gemeinde)

When it's cold and unpleasant and no one wants to play outside, the church turns its rooms into a winter play area for children from 0–3 years of age. Alongside that, there is a Krümel Café in which children can eat their packed lunches. Tea and coffee is also on offer.

Only in winter (November to March).
For our opening times, please ask:
Evangelisch-Freikirchliche Gemeinde (Baptists)
Am Tiergarten 50, 60316 Frankfurt am Main
Telephone 431873,
info@winterspielplatz-frankfurt.de
www.winterspielplatz-frankfurt.de

If you are unemployed and receive ALG I, you can receive advice from the relevant employment agency by appointment; you can also receive advice if you do not receive any monetary support.

If you receive ALG II, you can be advised by your personal case worker at the Job Centre responsible for you. Information can be found under www.Job-Center-ge.de/frankfurt-am-main or at

→ [Jobcenter Frankfurt](http://www.Jobcenter-Frankfurt.de), Telephone 069 2171-3493
(calls charged at the a local rate)

However, you can also visit your local **advice centre**, which is specialised in professional development and (further) education. You can thoroughly discuss your current situation, your desires for change and your goals. The Frankfurt Department of Women's Affairs sponsors different **educational institutions** which can support you in ascertaining your areas of expertise and the development of new perspectives.

- [beramí](#)
specialises the current situation of immigrants
- [Frauen-Softwarehaus e. V.](#)
IT Advice Centre for Women
offers advice for specialising in IT
- [jumpp Frauenbetriebe](#)
supports you when becoming self-employed
- [Verein zur beruflichen Förderung von Frauen](#)
Society for the Professional Advancement of Women
supports "new ways, new plans" in your career

Competent advice in each of the areas of school, career and degree has been offered for many years by the further education advice centre of the

- [Walter-Kolb-Stiftung](#)
Walter Kolb Foundation

Questions regarding work, careers and further education can be answered by the advice centre of the Frankfurt Job Market Programme. You can receive information, advice, support and referral to institutions suitable for you.

- [Beratungszentrum](#)
Advice Centre

As a migrant, you can also receive information regarding school, apprenticeships, careers and work at E Migrationsberatungsstellen
Advice Centres for Immigrants

- [Jugendmigrationsdienste](#) (until age 27)
Youth Immigration Service

Alongside these, there are many other (further) education institutions and establishments which can give you advice on the range of courses they have on offer.



REENTERING THE LABOUR MARKET

If you could not work for family reasons and would like to re-enter the job market, you will certainly have a lot of questions that you need answered. The **Equal Opportunities in the Labour Market Officer** at the German Employment Agency can offer the opportunity of a **fixed date for your return to the job market**.

As well as that, s/he organises the **lecture series BIZ&DONNA**, which is free of charge. All appointments can be found on www.arbeitsagentur.de under "Events".

The pamphlet "Durchstarten - Familie und Beruf" (Your start - Family and Career") gives you compact and precise information on all important questions. You will find it with all the other **materials** in every customer centre at the German Employment Agency, in

- ["BIZ" Berufsinformationszentrum](#)
Vocational Information Centre and on
www.arbeitsagentur.de > Bürgerinnen und Bürger > Chancengleichheit > Wiedereinstieg in den Beruf

A lot of further information in this regard can be found on Lotsenportal www.perspektive-wiedereinstieg.de

For recipients of ALG II, the **Equal Opportunities in the Labour Market Officer** at the Job Centre in Frankfurt holds several **info events**, “**Erfolg-reich ins Erwerbsleben**” (Successful Return to Work), throughout the year. These events deal with the principle questions of career re-orientation and re-entry into the job market. Current dates and further information regarding equal opportunities and how to juggle family and career can be found on www.jobcenter-ge.de/frankfurt-am-main

Important Note: both the German Employment Agency and the Job Centre offer special **measures for returning to the job market**, or for **returning to your career**. You can get information from your case worker at the German Employment Agency or the Job Center – and also from the educational institutes stated above, from *beramí*, *Frauen-Softwarehaus*, *jump* and *Verein zur beruflichen Förderung von Frauen*.

Since 2009, these measures have been part of “**Netzwerk Wiedereinstieg**” (the network to help re-enter the job market): using money and resources from the state of Hesse and the European Social Fund, various different additional types of support are offered to help you re-enter the job market – they are limited at the moment until the end of 2013. Principally, it does not matter whether you are a housewife and mother or are unemployed or looking for work, you can still take part. Information regarding the exact requirements and any possible extension of the offer can be received from the groups named above, or at www.new-hessen.de.

VOCATIONAL TRAINING AND QUALIFICATION

Frankfurt’s institutions for education, qualification and employment offer different measures funded by the German Employment Agency, the Job Centre, the state of Hesse or other European monetary resources. The Frankfurt Job Market Programme run by the *Sozialrat der Stadt Frankfurt* (City of Frankfurt of Society) also has offers on career advice and qualifications.

Since 1998, the *Verein zur beruflichen Förderung von Frauen* (Society for Women’s Career Advancement) has successfully worked with the **Ausbildung in Teilzeit für (alleinerziehende) Mütter** (Part-time Vocational Training for (Single) Mothers): they train people for 30 hours a week in different careers; the training is given by qualified teachers and helps to conquer the challenges of raising children and learning a trade, and is certified by the IHK. One form of training is for single mothers up to 27 years of age in particular; another is for mothers up to 40 years of age, with or without partners. Would you like to repeat your apprenticeship? You can find out the exact requirements at

→ *Verein zur beruflichen Förderung von Frauen*
Society for Women’s Career Advancement

The **German Employment Agency** does not have any special offers for single parents. **Part-time training and qualification courses** (or full-time courses with reduced hours) make it possible to juggle family life and gaining a professional qualification. Before you start your course, however, you must make arrangements for sufficient child care.

The **Job Centre Frankfurt** also offers part-time courses and also some **courses especially for single parents** of different ages, who want to better their chances on the job and apprenticeship market. Some offers are directly combined with child care.

“**Familienstart**” (Family Start) supports young, single parents under 25 in the west of Frankfurt with individual coaching and children’s play areas for children under 2 years.

→ *Frankfurter Familienstart*
Frankfurt Family Start

“**Stark mit Kind**” (Strong with Your Child) however, supports single, pregnant women and single mothers – for a whole year with individual assistance and in-house child care for children under 3 years.

→ *Diakonisches Werk Frankfurt*
Social Welfare Organisation of Germany’s Protestant Churches

Courses are conducted, developed or ended depending on demand. Access to a course can only be gained through the personal case workers at the Job Centre responsible for you. They are also aware of any current offers from the Frankfurt Job Market Programme. Feel free to go and ask!

SUPPORT FOR FURTHER EDUCATION

You can find an overview of offers for career development and who offers them at

www.bildungsnetz-rhein-main.de
www.hessen-weiterbildung.de
www.weiterbildunghessen.de
www.arbeitsagentur.de > Berufs- und Bildungsinformationen > Kursnet

Some courses for the unemployed can be funded by the German Employment Agency or the Job Centre. Others are only for “paying customers”, but there have been a number of funded courses available for the employed for some time.

The state of Hesse gives “**Qualifizierungsschecks**” (Qualification Cheques) up to an amount of 500 Euros for people employed in small and middle-sized companies (up to 250 employees), who do not have any recognised qualifications for their current professional situation or are older than 45 years of age and work for 30 hours a week at most. You can ask for advice from 13 different institutions in Frankfurt. You can find addresses under

www.qualifizierungsschecks.de

The Federal Ministry for Education and Research supports further education and training with a **“Bildungsprämie”** (learning subsidy) of up to 500 Euros - this is also for employed people on paternity or maternity leave, or who are on a low income (weekly working hours of over 15 hours), who also receive ALG II! You can receive advice in Frankfurt at

- Walter-Kolb-Stiftung and Walter Kolb Foundation
- Bildungsberatung Hessencampus Frankfurt Educational Advice Hesse Campus

Information also available at www.bildungspraemie.de

Last but not least, there is the **“Aufstiegsfortbildungsförderungsgesetz”** (The Career Advancement Promotion Act), also called **“Meister BAföG”** (Masters Student Loan), which provides means-tested support for career advancement courses with grants and loans. **Single parents** receive support for child care, without having to provide proof of costs, up to the amount of 113 Euro a month for every child under 10 years; for children with disabilities, the allowance can be received indefinitely. Free information is available from the Federal Ministry for Education and Research via **Telephone 0800 6223634** or at www.meister-bafoeg.info

SCHOOL, JOB AND UNIVERSITY CERTIFICATES

Information and advice on repeating school-leaving certificates (school-leaving qualifications or A-levels) or on the “second course of education” is available under

- Walter-Kolb-Stiftung
Walter Kolb Foundation
- Bildungsberatung Hessencampus Frankfurt
Educational Advice Hesse Campus
- Beratungszentrum
Advice Centre
- Verein zur beruflichen Förderung von Frauen
Society for Women’s Career Advancement
- beramí
- Migrationsberatungsstellen
Advice Centres for Immigrants
- Jugendmigrationsdienste
Youth Immigration Service (for young adults under 27 years old)

If you have school or vocational qualifications from abroad, you should have these recognised. The **recognition of foreign certificates** is still a difficult subject, despite several steps forward; each country has its own demands for professional and scholastic education. The aforementioned advice centres offer help in this regard.

You can also find well-founded general information on www.anerkennung-in-deutschland.de

A detailed overview for Hesse can be found in the **Handbook „Anerkennung von Schul-, Berufs- und Hochschulabschlüssen in Hessen”** (Recognition of school, professional and university certificates in Hesse), which can be ordered free of charge from

→ beramí

Here, you can also have your first consultation by phone, and find out which certificate recognition office is responsible for you and which documents you have to provide by calling **06991301040**

GERMAN AS A SECOND LANGUAGE

Usually, in order to live independently in Germany, you need a sufficient knowledge of German. This can be obtained or improved in different ways.

Integration Courses (Federal Ministry for Migration and Asylum Seekers) have been available for immigrants since 2005 and confer a basic knowledge of German. Even people who have lived here for a long time can be given a placement - even if they have German citizenship. The course length ranges from 600 to a maximum of 1,200 hours and ends with a test. One hour costs 1.20 Euros. The Job Centre can obligate you to take part in a course in order to improve your career chances; participation is then free-of-charge. Other ALG II recipients can apply for exemption from costs. Some institutions have courses only for women, courses with child care, or courses which will teach you to read. You can obtain more specific information at

www.integrationskurse-frankfurt.de or at

- Migrationsberatungsstellen
Advice Centres for Immigrants
- Jugendmigrationsdienste
Youth Immigration Service

TIP

Advice and meeting point for single mothers/fathers

at the Verband alleinerziehender Mütter und Väter e.V.
Advice and consultation without long waiting times for questions regarding divorce/separation, maintenance, visiting and custody rights, and consultation on social counselling (e.g. regarding paternity/maternal benefits, benefits for taking care of toddlers and under 3 years old (Betreuungsgeld), child benefits, unemployment benefits). Also offers support groups for single parents, a parent-toddler group, specialist lectures and informative events, and a thrift market selling things for your baby or child.
VAMV e.V., Adalbertstraße 15-17, 60486 Frankfurt
Telephone 069 97981884, vamv_frankfurt@hotmail.com
www.vamv-frankfurt.de

The project **“Mama lernt Deutsch”** (Mama is learning German) supports mothers to improve their knowledge of German and, for example, to better understand the scholastic situation of their children and the entire education system.

All courses are conducted in small groups near to where you live, with child care provided, and take place in the mornings in schools and nursery schools or kindergartens. 150 or 300 lesson hours will be paid for. It is excellently suited as preparation for the integration course. Information can be found at

→ **ASB Lehrerkooperative**
Teacher Cooperative

Whoever wants to improve their German for the job market can do this on the **German for Work** programme (Federal Ministry for Migration and Asylum Seekers). As a rule, an integration course is a requirement for this. The courses are free of charge, conducted full- or part-time, with German lessons, specialist subject lessons, an internship and visits to businesses. Almost everyone whose mother tongue is not German can take part. Whoever does not receive ALG I or ALG II has to be registered as “looking for work” as a requirement.

If you receive ALG I or are registered as “looking for work”, you can receive information at

→ **Agentur für Arbeit**
German Employment Agency

If you receive ALG II, information is available at

→ **Jobcenter Frankfurt**
Jobcentre Frankfurt

If you require better German in order to keep your place at work, your employer can contact

→ **Bundesamt für Migration und Flüchtlinge**
Federal Agency for Immigrants and Asylum Seekers

You can, of course, also visit many of the language schools in Frankfurt to improve your German. Low cost tariffs and discounts (for example for the unemployed, or those with a Frankfurt-Pass) can be obtained at

→ **VHS Volkshochschule Frankfurt**
Adult Education Centre for Frankfurt am Main

TIP

Clothing for every job from the ModeKreativWerkstatt
Clothes make people - the right outfit at a job interview can seriously increase your chances of getting the job. If you need the right outfit for a new job, this project run by unemployed women may have exactly the right one for you: high quality second-hand clothing at low prices and tailor fitted to you. For all women with a Frankfurt-Pass.
ModeKreativWerkstatt
Rohrbachstraße 54, HH, 60389 Frankfurt
Telephone 069-40353665
open Tues 10 a.m.–5 p.m., Thurs, Fri 10 a.m.–3 p.m.

TIP

Do you know what a KiFaZ is?

In 2006, the first Kinder- und Familienzentrum (Children and Family Centre [KiFaZ]) was opened in Frankfurt, and now there are ten of them. Their signature feature is close co-operation of nursery schools and family education centres, which strengthens and encourages families and children. We have a wide range of offers available. In every centre, there is an open family café and also not only help and assistance for pregnant women, for health issues, help with child care, parent-child courses, German courses, cooking and creative courses, for example, but also support groups for single parents. Not every centre offers the same things, but there is definitely something for everyone in every centre!

The Children and Family Centres are open for every family in the area. Areas of the city which have centres are Eckenheim, Fechenheim, Goldstein, Griesheim, Innenstadt, Riederwald, Ginnheim, Nordweststadt, Ostend and Gallus so far, further are planned. Maybe there is a KiFaZ in your area? For more information, visit www.frankfurt.de/kinderbetreuung

CHILD CARE



CHILD CARE FACILITIES IN FRANKFURT

Frankfurt has a comprehensive and diverse range of child care facilities on offer for children from all ages, which is constantly developed further with regard to the legal right for children from one year age and for nursery school children.

Nursery School Institutions (Pre-school, play clubs, nursery schools and kindergartens, children's cafe, after-school clubs etc.) look after children from 0 to 12 years. In addition to that, there are an increasing number of places in **child care institutions**, especially for small children. For primary school children, the extra places are made at the relevant schools by **further scholastic child care**. Municipal authorities, churches and free communal institutions with different profiles offer parents a great spectrum of different forms of child care and education and can help you to juggle your family life and career.

You can find **information regarding child care from A-Z** on the town homepage www.frankfurt.de/kinderbetreuung and on www.stadtschulamt.stadt-frankfurt.de

The pamphlet "**Kita-Wegweiser Frankfurt am Main**" (Nursery Schools and Kindergartens in Frankfurt am Main) can give you compact information regarding the entire field of child care in Frankfurt. It can be ordered with a stamped, addressed envelope (DIN A4, 1.45 Euro postage, code word "**Kita-Wegweiser**" from the **Fachteam 40.11** (Specialist Team) at
→ [Stadtschulamt Frankfurt](http://stadtschulamt.frankfurt.de)
[Frankfurt City Education Authority](http://www.frankfurt.de/stadtschulamt)

Information regarding **city funded nursery schools and kindergartens** can be ordered at
→ [Kita Frankfurt](http://www.kita.frankfurt.de) or on www.kita.frankfurt.de
[Nursery Schools Frankfurt](http://www.frankfurt.de/stadtschulamt)

Information regarding nursery schools and kindergartens provided by churches and free institutions can be ordered, for example, from
→ [Arbeiterwohlfahrt Kreisverband Frankfurt, Abt. Kinderbetreuung](http://www.arbeiterwohlfahrt.de)
German Worker's Welfare Association - District Office Frankfurt am Main, Dept. Child Care
→ [BVZ Beratungs- und Verwaltungszentrum](http://www.bvz-frankfurt.de)
Education and Administration Centre
→ [Caritasverband Frankfurt, Referat Kindertagesstätten](http://www.caritasverband.de)
Caritas Association Frankfurt, Dept. Nursery Schools
→ [Diakonisches Werk Frankfurt, Arbeitsbereich Kindertagesstätten](http://www.diakonisches-werk.de)
Social Welfare Organisation of Germany's Protestant Churches, Dept. Nursery Schools
→ [Jüdische Gemeinde Frankfurt](http://www.juedische-gemeinde-frankfurt.de)
Jewish Community Frankfurt
→ [ASB Lehrerverein](http://www.asb-lehrerkooperative.de)
Teacher Cooperative
→ [Sozialpädagogischer Verein zur familienergänzenden Erziehung](http://www.sozialpaedagogischer-verein.de)
Social Pedagogic Society for Extended Family Child Care

A **list of all independent pre-schools, nursery schools and kindergartens** can be obtained from
→ [LAG Freie Kinderarbeit Hessen](http://www.lag-freie-kinderarbeit-hessen.de)
[Independent Child Care Hesse](http://www.frankfurt.de/lag)

REGISTERING AND STARTING AT A NURSERY SCHOOL OR KINDERGARTEN

In Frankfurt, there are several institutions with links to the area and institutions with a special educational concept, which take on children from the entire city. The range of concepts and institutes enable you to choose according to your own requirements. You can also register your children in several nursery schools or kindergartens.

The **process** for registering your child is the same for every nursery school and applies to every institute and establishment, with few exceptions. The nursery schools or institutes decide on the acceptance of a

child and how long the child is cared for once it is registered, and do so according to different criteria. Since the demand for places in child care is very great, it can be difficult for each individual child to find a fitting placement, despite the expansion of the network. Children who are older than 3 years of age have a legal right to a placement in a nursery school. Since 1st August 2013, this legal right has been extended to children older than 1 year old.

Children of single parents are given precedence for placements for one- to three-year-old children (nursery schools and kindergartens) because of this legal claim, if their parents work or would like to start working, start an apprenticeship, or study for a degree, or receive support to help them start work in the sense of the SGB II (German Social Law book II). As well as these, the family situation or that of the child can give rise to other reasons for child care. The correct documentation can help the leaders of the institutions when making their decision.

More detailed **information** regarding registration and acceptance at a nursery school - also available in **English, French, Croatian, Serbian, Arabic, Italian, Polish and Turkish!** can be found for children of all age groups up to 3 years, from 3 to 6 years and for primary school children in all nursery schools, or on www.frankfurt.de/kinderbetreuung

You can use the **Online Nursery School Yellow Pages** to help you find the nursery school you want - with details on the different institutions in your area, on their educational concept, the size of the rooms, opening hours, people to contact and consultation hours. The search engine can help you look for free places.

www.frankfurt.de/kinderbetreuung

PLACES AT A NURSERY SCHOOL OR KINDERGARTEN

Child day care is a flexible, family-based form of care especially for children in their first years of life. It is run either at home with the parents or with a babysitter (sometimes a male babysitter). This form of child care is also available for older children, if, for example, the parents have to work when the nursery school is closed. Child day care personnel decide who they take on and do not have to give precedence to single parents.

Babysitters and child day care agencies work in close co-operation with the Stadtschulamt (City Education Authority) and also under similar conditions. They do not merely provide qualified **child minders** but also certified babysitters.

→ **Babysitter- und Tagespflegevermittlung (BTV)**
Child Care and Babysitter Agency

INFORMATION AND SUPPORT FOR PARENTS

Parents and families who are looking for child day care placements can contact the **child day care info-exchange** in the City Educational Authority, either in person or by telephone. There, parents can **get basic information** on all child care institutions, placements in child care institutions and child care offers at school. The info-exchange provides **address lists and lists** with free placements, suited to the families' relevant needs.

→ **Stadtschulamt, Infobörse Kindertagesbetreuung**
City Education Authority, Child Day Care Info-Exchange

If you are interested in finding a child care placement for your child, you can register under www.tagespflegeboerse-frankfurt.de, and receive information on child care personnel with free places. However, this only represents part of what is on offer.

PARENT FUNDING IN NURSERY SCHOOLS AND KINDERGARTENS

For **children under 3 years of age**, the parent funding in a nursery school is 198/158/138 Euros for one day/two-thirds of a day/ half a day placement per month, plus money for food. For children in **kindergartens and afterschool clubs**, the parent funding also depends on how long the child is there for; a day placement costs 148 Euros.

Here we have stated the highest amount! The amount for nursery schools or after school clubs depends on level of subsidy (1 to 4), which is meanstested by the education authority. Siblings can receive a discount.

TIP

Do you know about the GFFB Sozialmarkt (social market) ?
If you need clothes for little money – for you or your children – you are in the right place at the GFFB social market. Household goods, books and a diverse range of games and toys are also on offer, but furniture is not sold. Requirement: Frankfurt-Pass, Letter of Entitlement or a letter from the Job Center displaying your benefit entitlement.
GFFB Sozialmarkt Frankfurt gGmbH
Mainzer Landstraße 349 (Hinterhof), 60326 Frankfurt
Telephone 973226-150
open Mon–Thurs 8 a.m.–3.30 p.m., Fri 8 a.m.–2 p.m.

The **last year at nursery school** before the child goes to primary school is principally **free of charge** in Frankfurt!

Parent funding for child day care is dependent on the scope of care required. A whole day place (35 to 45 hours a week) currently costs 225 Euros per month, including food during the day. The local education authority will calculate the amount required.

Important Note: if it seems that you will be unable to pay for the parent funding, you can file an **application in accordance with § 90 SGB VIII** with the local town hall for (partial) cost assumption. You can find the relevant forms and information at the relevant town hall.

→ [Sozialräthäuser, Kinder- und Jugendhilfe Wirtschaftsdienst Town Halls](#)

FURTHER OFFERS FOR CHILD CARE

Some family education centres and independent institutes offer **mini clubs** to small children, from one and a half years to three years of age; here the children are taken care of 1 to 4 days a week, in the morning or afternoon. **Flexible offers for child care** can help you to cover times where things are tight, or in times of difficulty, for example when a parent is ill, or has to go away on business suddenly, or take part in a seminar. Also, if you have to take care of things that take up time, or just need a morning off. You can get information on current offers and addresses at

→ [Frankfurter Kinderbüro](#)
[Frankfurt Child Care Office](#)

If you are in need of emergency child care because the planned child care (nursery school, childminder, grandparents, au pair...) suddenly becomes unavailable, or because you suddenly have to take care of something at short notice, there is professional **emergency care** available for children up to 12 years of age, also on Saturdays and evenings, without having to contact them first, at

→ [Elbi-Strolche](#)

Participants in a course at a further education centre and in a measure given by the Job Centre Frankfurt can also use this offer free of charge!

Help in emergency situations, for example, if you cannot look after your children because you are ill, have an accident, have to undergo treatment, become disabled, or have any other emergency and need child care and/or housekeeping at short notice, or even for a long period of time - which has to be flexible - and on an hourly rate at any time of day. Under some circumstances, the costs can be covered by health insurance providers, pension insurance providers, or Town Hall Children and Youth Social Services. Information and advice can be found at

→ [Notmütterdienst, Familien- und Seniorenhilfe](#)
[Family and Senior Citizen Welfare](#)

LIVING

You may even be entitled to a **publicly funded apartment** (social apartment). Upon application, you will be included in the list and given an apartment if your household is within certain income boundaries, is connected to the city of Frankfurt, and your current situation is insufficient. Pregnant women will be given precedence when being given apartments.

→ [Amt für Wohnungswesen](#)
[Agency for Housing](#)

Here, you can also receive a **free consultation about tenancy law** (up to a monthly net income of 2,150 Euros plus 650 Euros for each further member of the household). The **Apartment Supervision Office** can help you if your landlord is not prepared to repair the apartment if the walls are damp, if the roof leaks etc. Also, if you think your **rent is too high**, you can contact the Federal Office for Housing. The Frankfurt Mietspiegel (residential rental index) from the Federal Office can help with information regarding local rental prices.

The Frankfurt Frauen-Wohnungsbau-Genossenschaft (Women's Housing Society) "Lila Luftschloss" has two **common housing projects** for women in Bornheim and in Gutleutviertel. Single parents are given priority when assigning apartments.

→ [Frauen-Wohnungsbau-Genossenschaft](#)
[Women's Housing Society](#)

The number of self-organised housing initiatives which would like to create inter-generational housing projects has also increased in Frankfurt.

Some initiatives are looking for households with children, including single parents, which want to take part in the construction of new household societies. Information and orientation for the Frankfurt network for common living can be found on www.gemeinschaftliches-wohnen.de or at

→ [Frauen-Wohnungsbau-Genossenschaft](#)
[Women's Housing Society](#)

TIP

The Frankfurter Tafel e.V. does two things: it saves decent food stuffs from being destroyed, it collects them from vegetable shops, butchers, bakers, supermarkets and hotel kitchens, and distributes them among people who are not often able to afford decent quality, fresh food. There are 10 distribution outlets across the city, which mostly work with church parishes. You will need a Frankfurt-Pass and you must pay 1 Euro. Information is available under www.frankfurter-tafel.de

For young pregnant women and mothers up to 27 years of age with small children, there are different social educational **specialist offers for apartments** available. Information is available at

- Sozialrathäuser, Kinder- und Jugendhilfe Sozialdienst
Town Halls
- Stiftung Waisenhaus
Orphanage Charity
- Kinder- und Familienzentrum Monikahaus
Children and Family Centre

Pregnant women and mothers with small children in difficult situations (both in terms of life in general and residential situations) or those in danger of losing their apartment can find help from

- Sozialrathäuser, Soziale Hilfen Sozialdienst
Town Halls
- Beratung und Begegnung für Frauen, Caritasverband Frankfurt
Advice and Consultation for Women, Caritas Association Frankfurt

If you have experienced **physical or mental abuse** in your relationship – for example during separation – or from another family member, you have two possibilities. You can leave your flat and find temporary protection, support and accommodation in a **Safe House for Women**. You can talk to the people working there about everything you need to clarify your personal situation.

- Frauenhaus „die Kanne“
Women's Refuge
- Haus für Frauen und Kinder
Women's and Children's Refuge
- Frauen helfen Frauen, Autonomes Frauenhaus
Women Helping Women, Independent Women's Refuge

If you have been physically abused, you can make use of your right to be **assigned a flat** (on the basis of the Gewaltschutzgesetz (Anti-violence act)). You can ask for advice from an advice centre or from a legal practitioner. In cases of acute violence, the police – who can be called under 110 – can remove the violent person from your apartment for a few days. For a permanent assignment of an apartment, you can contact the

- Amtsgericht
County Court

(see also “Advice in cases of Domestic Violence”)

HEALTH SICKNESS PREVENTION

EARLY CHILDHOOD PROMOTION

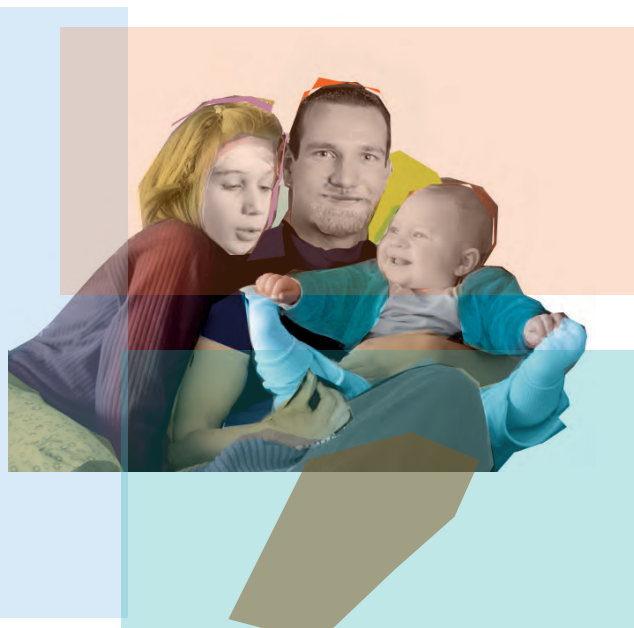
You want the best for your child – however, sometimes carrying the responsibility alone costs a lot of energy. The “**Frühen Hilfen**” give

specialist advice and practical help from family mid-wives and paediatric nurses, even during pregnancy or in the child's first year.

- Amt für Gesundheit, Frühe Hilfen
Public Health Office, Early Help

Between pregnancy and the child's second year, the **STEEP programme for good parent-child bonding** can provide help. It helps curious children to discover the world independently and is run by the

- Frankfurter Kinderbüro
Frankfurt Child Care Office
- Kinder- und Familienzentrum Monikahaus
Children and Family Centre



The first years are very important for a child's later development. If you are worried about your child's development or state of health, you can find - after a paediatric check-up - specialist help from the **Frühförderung** (early support) in several

→ **Frühförderstellen**
Early Support Offices

The team from the **Kinderschutzztelefon** (Child Protection Line) of the Frankfurt Children and Young People's Protection Team can inform parents, grandparents, children and specialists about (help) services for family and children. Here, advice is also available for all questions regarding child protection in emergency situations, Mon-Fri 8am – 11pm and on weekends from 10am – 11pm, free of charge:

Kinderschutzztelefon 0800 2010111 (Child Protection Line)

WHEN CHILD/PARENT IS SICK

If your child is severely or chronically ill, or disabled, **professional care at home** is available. The requirement is that your paediatrician has written a report stating that home care is necessary.

→ **Mobile Kinderkrankenpflege**
Mobile Nursing Care for Children

If your **child is sick** and under 12 years of age, and you have public health insurance, then you are entitled to **20 working days off** a week (with several children up to 50 days); either paid by the employer as paid sick leave, or by health insurance. The requirement is a report from the paediatrician regarding the necessity of care.

→ **Arbeitgeber**
Employer

If you **are ill yourself**, you are entitled to household help paid for by your health insurance provider - but only during a stay in hospital or while you are convalescing, and if your child is under 12 years old. Many health insurance companies are amenable and offer this service if you are ill at home and for children up to 14. Feel free to ask!

→ **Krankenkasse**
Public Health Insurance

Help in emergency situations, for example, if you cannot look after your children because you are ill, have an accident, have to undergo treatment, become disabled, or have any other emergency and need child care and/or housekeeping at short notice, or even for a long period of time - which has to be flexible - and on an hourly rate, at any time of day. Under some circumstances, the costs can be covered by health insurance providers, pension insurance providers or Town Hall Children and Youth Social Services.

→ **Notmütterdienst, Familien- und Seniorenhilfe**
Maternal Emergency Services, Family and Senior Citizen Welfare

CONVALESCENCE AND HEALTH ADVICE

Undergo treatment, just in case - of course! **Parent/Child convalescence breaks** are obligatory for public health insurance companies as a preventative measure, for example, for the psychosocial stress and exhaustion involved in raising children. You require a letter or referral or a report from your doctor. For children under 12 years of age, the convalescent break is also supervised by educational specialists. You can get practical tips for filling out the forms and free advice from the following areas:

→ **Arbeiterwohlfahrt, Bezirksverband Hessen-Süd**
German Workers' Welfare Association Hesse-South
→ **Diakonisches Werk Frankfurt**
Social Welfare Organisation of Germany's Protestant Churches
→ **Caritasverband Frankfurt**
Caritas Catholic welfare organisation
→ **Deutscher Arbeitskreis für Familienhilfe**
German Working Group for Family Aid

You can also find offers for follow-up care (groups, counselling, courses) to help you keep that new leaf turned over during everyday life.

Rehab convalescence for people who are ill, or who have had an accident: single mothers or fathers can take their children of up to 12 years - in some cases older - to their convalescence rehab with them. However, you can go alone if you want; in this case, you have a right to assistance from a care worker for the duration of your convalescence (as a rule, 3 weeks) who will take good care of your child/ren. For information regarding suitable clinics and help when filing a claim, subject to reasons for the claim, see

→ **Rentenversicherungsträger, Berufsgenossenschaft or Krankenkasse**
Pension Scheme Provider, Employers' Liability Insurance Association or Public Health Insurance

For **advice on health issues**, and for your psychological and physical well-being, visit

→ **Familien Gesundheits Zentrum**
Family Health Centre
→ **Pro Familia**

If needed, Pro Familia can provide free contraception.

If you are living in Frankfurt and **do not have health insurance**, you are entitled to two **medical consultations**, free of charge, for yourself and a child, available in different languages.

→ **Internationale Humanitäre Sprechstunden, Amt für Gesundheit**
International Humanitarian Consultation Hours, Public Health Office
→ **Malteser Migranten Medizin Frankfurt**
Maltese Migrant Medicine Frankfurt

PREGNANCY AND MATERNITY

ADVICE AND CONFLICT COUNSELLING FOR PREGNANT WOMEN

At **pregnancy advice centres**, women can find a friendly ear to listen to them talk about their feelings, fears and any questions they have in regard to pregnancy.

Also and especially if you want to, or have to, live alone with your child. You can talk about acute emergencies as well as long-term plans.

State recognised **pregnancy conflict advice centres** also offer advice on questions regarding abortion and can issue the required certificate. As abortion needs to be carried out by the end of the 12th week after conception (also later under certain medical conditions), early consultation is vital.

Advice is confidential and free of charge in every case.

All the following institutions offer advice and consultation for pregnant women, only the first three offer pregnancy conflict advice (with certificates):

- Pro Familia
- Beratungsstelle für Frauen des Diakonischen Werks Frankfurt
Diaconal Advice Centre for Women in Need of the Social Welfare Organisation of Germany's Protestant Churches
- Familien Gesundheits Zentrum
Family Health Centre
- Beratung und Begegnung für Frauen Caritasverband Frankfurt
Advice and Consultation for Women, Caritas Association Frankfurt
- Kinder- und Familienzentrum Monikahaus
Children and Family Centre
- Verband alleinerziehender Mütter und Väter (VAMV)
Society of Single Mothers and Fathers (VAMV)

MATERIAL HELP FOR PREGNANT WOMEN

Pro Familia and church organisations can give the funds provided by the **federal charity "Mutter und Kind zum Schutz des ungeborenen Lebens"** (Mother and child protecting unborn life) in certain individual situations to pregnant women to help them buy necessary equipment during pregnancy, and also help them to fill out forms and file claims. The requirements for this help are health insurance and a registered address. Pregnant women without German identification also need a secure visa. The application needs to be filed in good time before the birth. There is no legal right to any resources from the federal charity.

The women's advice centre of the Diakonische Werk offers resources from the **Stiftung für das Leben** (Charity for Life) of the Protestant church in Hesse and Nassau to women who cannot receive resources from the federal charity. The resources are given according to each individual case and its severity, and are not bound to the requirements labelled in foreign law to which the federal charity is bound; therefore, asylum seekers can be helped. The application can first be filed when the baby is born.

Women receiving ALG II or Public assistance are entitled to an **extra allowance for pregnant women** after the 13th week of pregnancy, which amounts to 17 per cent of their regular entitlement. In addition to that, they are entitled to an **individual grant** for necessary equipment (baby clothes, a bed, clothes cupboard, second-hand pram, changing table). The additional allowance in Frankfurt is up to 550 Euros; it is reduced to



275 Euros if you already have a child under 2 years of age. Assistance from the Federal Charity "Mutter und Kind" may not be offset against this help. An application can be filed after the third month before the birth. For women receiving ALG II:

→ [Jobcenter Frankfurt am Main](#)
[Job Centre Frankfurt am Main](#)

For women receiving Public assistance:

→ [Sozialräthäuser, Soziale Hilfen Wirtschaftsdienst](#)
[Town Halls](#)

MATERNITY LEAVE AND MATERNITY BENEFITS

The Mutterschutzgesetz (Mother Protection Act) regulates the rights and duties of employees and their employers during pregnancy. Important areas are termination protection, work safety regulations, payment of maternity benefits during maternity leave and pension benefits. The law applies to all types of employment - whether main job, or a side job, full-time, part-time, low income, on probation, as an assistant or from home. There are similar protection regulations for female civil servants.

The **termination protection** applies to the entire period of pregnancy until the end of the 4th week after the birth - if the employer knew about the pregnancy, or was made aware within two weeks of issuing the notice. The government agency responsible in cases of conflict is

→ [Regierungspräsidium Darmstadt, Aufsichtsbezirk Frankfurt](#)
[Darmstadt Governmental Department, Supervisory Area Frankfurt](#)

The maternity protection is 14 weeks, calculated from 6 weeks before the due date and 8 weeks afterwards. If you have public health insurance, you can receive 13 Euros a day **maternity allowance** and money from

your employer to the amount of your net income during this period. For more information, please contact

→ [Krankenkasse](#)
[Public Health Insurance](#)

If you are on a low income and insured with your family, if you have private health insurance or are not insured at all, you can receive an individual payment of 210 Euros maternity allowance. You can ask for more information from

→ [Bundesversicherungsamt, www.mutterschaftsgeld.de](#)
[Federal Insurance Office](#)

PENSION BENEFITS, PRE-NATAL PREPARATION

All pregnant women who have public health insurance, or are co-insured in a public health insurance plan, are entitled to preparative check-ups, medical assistance and the help of a midwife, provision of first aid, plasters, bandages and medicines, hospital birth, home care and household help. The courses on **pre-natal preparation** offered by the FamilienGesundheitsZentrum (Family Health Centre), some family educational centres, birthing clinics and birthing houses are important. Courses for women and for couples are offered in all of them. **Women-only courses** are offered by

→ [FamilienGesundheitsZentrum](#)
[Family Health Centre](#)

(also available in French, English, Turkish, Spanish)

→ [Geburtskliniken](#)

[Maternity Clinics](#) (except Sachsenhausen Hospital and Frankfurt University Clinic)

Some midwives run pre-natal courses in their own praxis.

[www.hebammen-hessen.de](#)

TIP

In the Family Market in Frankfurt-Bornheim

you can buy goods at low prices if you have a Frankfurt Pass, Letter of Entitlement, Letter from the Job Center detailing benefit entitlement or a valid student ID card. There is a diverse range of clothing, furniture, household goods and bric-a-brac. This is held by the Caritasverband and Diakonisches Werk. Familien-Markt, Freiligrathstraße 37-39, 60385 Frankfurt, Telephone 90436780, familienmarkt@t-online.de, open Mon-Wed 9 a.m.-4 p.m., Thurs 9 a.m.-6 p.m., Fri 9 a.m.-1 p.m.

TIP

Have you seen the Culture Pass?

Theatres, concerts and events usually cost money. If you have little of it, you can still go and enjoy. The Kultur-Pass (culture pass) from "Kultur für ALLE e. V. (culture for everyone)" makes this possible. The culture pass, a type of cheque card, costs 1 Euro for young people and adults; for children under 13 years, it costs 50 cents and is valid for one year. You can obtain one from many institutions in the city. Information on this offer and how to obtain a pass can be found under [www.kulturpass.net](#)

WITHOUT GERMAN IDENTIFICATION

RESIDENCY AND FAMILY LAW

If you do not have German citizenship, it is important that you know your visa status and see this in connection with your family situation.

Citizens of the EU and their family members have freedom of movement and do not require a residency permit, they merely have to be registered with the local police station. Divorce/separation has no negative effect on their residency rights. Family members who do not possess EU citizenship – e.g. the Russian wife of a Frenchman – retain the right to remain in Germany after divorce if the marriage lasted for 3 years and one of these years at least was spent in Germany or if they are awarded custody or given visitation rights for the child of an EU citizen.

Citizens from outside the EU, so-called third country states, are subject to residency law and principally require a residency permit. This is usually given first as a temporary residency permit and must be extended depending on the reason for the stay. If different requirements are fulfilled – the most important ones are sufficient linguistic abilities and the guarantee of income to support oneself – unlimited stay in Germany can be given in the form of a permanent residence permit, but only after five years. If the person filing the application is married to a German partner, then a permanent residence permit can be issued after three years. If you

have this status, then divorce, separation or the receipt of support to cover the costs of living carry no disadvantage for you. If your visa is, however, limited, then these cases can cause disadvantages for you.

For all EU citizens, any decisions made by the family courts in regard to their divorce and any custody or visitation rights are valid immediately in all EU states. Therefore, a German decree absolute, a court-ordered visitation or custody no longer have to be recognised in any other EU state. Also, any court decisions made by other EU states are fully valid in Germany. The Brussels II regulation can give more specific information about this.

If you are from a “third country state”, then the situation is slightly more complex. You can find some information in the following sections. Please pay attention to the information from the first two chapters of this pamphlet when looking at the individual bullet points.

SEPARATION AND DIVORCE

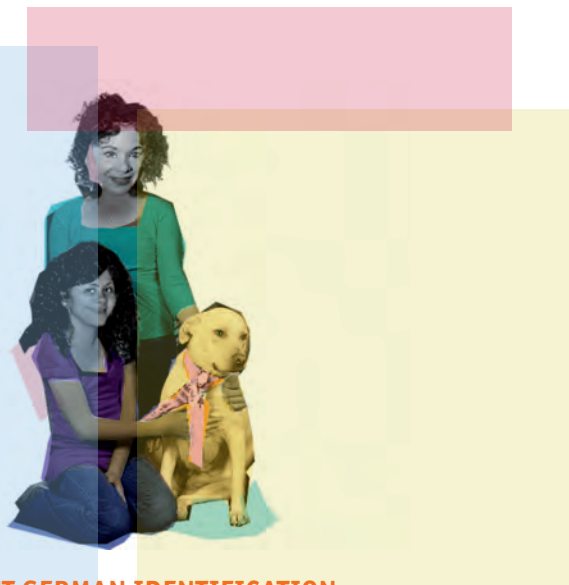
Even if you don't have a German identity card, you can still file for divorce in Germany at your local court. The family court will then ascertain which law applies to your divorce. In many cases, German law is used; normally, for example, if one of the partners is German, or if both partners have different citizenships but live in Germany.

Should both partners be citizens of the same country, the family court will usually use the law of the common country of origin for the divorce. Above and beyond that, members of the EU have the possibility to choose the law which is to be used in divorce proceedings in a pre-nuptial agreement.

If a decree absolute is given by a German family court, this does not automatically apply in “third state countries”. You will have to consult the authorities in that country (usually the consulate) as to which steps need to be taken so that you are also divorced in that country.

Should you have come to Germany as part of a family move to live with your partner, you only have residency rights independent of your partner after three years of constant residence in Germany. Should you divorce or separate during this time, you could lose your residency permit or visa. Should the separation be accompanied by severe hardship, for example for reasons of domestic abuse, your visa can be maintained even if you have only stayed here for a short period of time.

However, if you have a German child and also obtain custody for the child, you will keep your German citizenship, even if you have to claim support for your living costs. If you are the mother/father of a child with foreign citizenship, your residency rights will be decided upon on a case-by-case basis. In this case, a lawyer must be consulted.

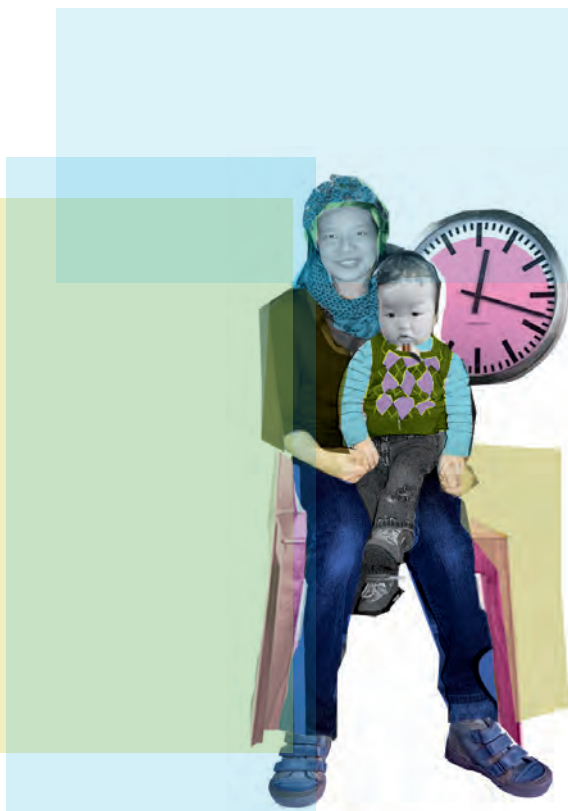


CUSTODY AND VISITATION RIGHTS

German law is principally applied to all children who live in Germany, independent of their individual citizenship, or that of their parents. It must also be noted that a regulation made in Germany, or a decision made by the family courts in Germany is not valid outside the EU. Should you have been given sole custody in Germany, this only applies to Germany. In your country of origin, there may be another regulation or court order. Especially in countries with strong Muslim leanings, the father has a stronger legal position and it is impossible to have custody regulations made in Germany recognised there.

MAINTENANCE

Child maintenance, spouse, or carer's maintenance are all subject to German law, even for people without German identification. Should the parent obliged to pay maintenance live abroad, however, this can make the implementation and recognition of maintenance claims difficult, even within the EU. In cases such as these, a legal practitioner's help is vital.



FEAR OF KIDNAPPING

In binational and migrant families, which are currently going through a difficult and acrimonious separation, fears may arise that the children may be kidnapped and taken abroad. Sometimes, during separation, children can be under definite threat of being taken abroad without permission.

In the case of justified fears, custody rights can be limited to protected/accompanied visitation rights. To ascertain whether your fears are justified and what protection measures can be taken, you need to speak to a legal practitioner.

→ Sozialräthäuser, Kinder- und Jugendhilfe Sozialdienst
Town Halls

→ Verband binationaler Familien und Partnerschaften, iaf
Society of Binational Families and Partnerships

→ Rechtsanwältin/Rechtsanwalt
Legal Practitioner

You can also call the free **advice telephone for kidnappings to or from Germany** provided by the International Social Services in Berlin (here, there is a "central drop in point for interboundary childhood conflicts"), Mon–Fri 9a.m.–5 p.m.

Telephone 030 62980403

OFFICIAL STATE SUPPORT

Even without German citizenship, you are entitled to social welfare support. Parental benefit, child benefit, maintenance prepayment, child subsidy and ALG I do not have any negative effect on your residency rights. If you require support for a longer period of time, the situation is different. EU citizens who are dependent on support for a long period of time within the first five years of their stay in Germany can be in danger of losing their residency rights.

The receipt of ALG II and Public assistance can also be of detriment to people with limited visas. You cannot receive a permanent residence permit, nor can you apply for citizenship. The fact that you cannot provide for yourself also means that you will not be allowed to invite your family to see you and cannot apply for your family to follow you to Germany. In a few individual cases, lengthened receipt of ALG II can lead to measures being taken by the immigration authorities to end your stay in Germany. Therefore, it is even more important to ensure that you have your own independent income. Asylum seekers can receive limited support in accordance with the Asylbewerberleistungsgesetz (Asylum Seekers Support Act). They are excluded from extra support, for example, child benefit. This also applies to people who have been given suspension of deportation. Single parents who do not have a residency permit, for example,

women who have remained in Germany after their legal stay as a tourist, foreign student or aupair, are entitled to social support, but may not receive this without the clarification of their visa status. With the application, they take on the risk of being deported.

ADVICE AND HELP

All possibilities for advice named in this pamphlet are also available to people without German identification. If your status is unclear, especially if you have no definite visa status, or have just arrived in Germany, you should seek **foreign legal advice from a specialised legal practitioner**. Please contact the Immigration Authorities Advice Centres and the **Youth Immigration Services** for young adults up to the age of 27 years. There, you can discuss your personal, social and legal situation free of charge and in confidence - this is available in many different languages. but not every one. You can also talk about your visa and financial situation and about problems regarding German language courses, school, vocational training, careers and work, free time activities, marriage, family and civil partnerships and living.

- Migrationsberatungsstellen
Advice Centres for Immigrants
- Jugendmigrationsdienste
Youth Immigration Service

You can also contact

- FiM – Frauenrecht ist Menschenrecht
Women's right is Human Right
- Deutsch-Iranische Beratungsstelle für Frauen und Mädchen
German-Iranian Advice Centre for Women and Girls
- Maisha – African Women in Germany
- Imbradiva – Brasilianische Fraueninitiative gegen Diskriminierung und Gewalt e. V.
Brazilian Women's Initiative against Discrimination and Violence
- Verband binationaler Familien und Partnerschaften, iaf
Society of Binational Families and Partnerships

LEGAL ADVICE

If you are on a low income, you can **apply for legal aid** for a consultation with a legal practitioner regarding family and foreign law, and also to cover the costs of any legal proceedings which need to be conducted. If your German is not sufficient, the court will supply you with an interpreter so that you can follow the proceedings and take part in a reasonable manner. This assistance does not cost you anything and it is also usually available for discussion before the Jugendamt (in the town hall in your area).

The costs of an interpreter are not always covered when consulting your legal practitioner. Therefore, you should try and find a legal practitioner who speaks your native language.

Some advice centres and groups hold **advice sessions at a low cost or free of charge** with legal practitioners at regular intervals, for example

- Verband binationaler Familien und Partnerschaften, iaf
Society of Binational Families and Partnerships, iaf

in questions regarding foreign law and international family law

- Frankfurter Rechtshilfekomitee für Ausländer

for difficult legal situations dealing with foreign law, every Tuesday from 6p.m. to 8p.m. in the Christuskirche on Beethovenplatz in the Westend, Frankfurt Legal Aid Committee for Immigrants

- Pro Asyl
- Hessischer Flüchtlingsrat
Hessian Refugee Council

for questions regarding asylum and immigration.

The **Office for Multicultural Matters (AmkA)** has worked towards constructive cohabitation of the different ethnic groups in Frankfurt since 1989. You can contact the AmkA if you feel discriminated against in any way, or if you require mediation in disputes with your neighbours or government authorities. If required, you can even ask legal questions. The AmkA runs projects in cooperation with many different institutions and develops concepts for integration and diversity. The intercultural dialogue and the extension of networks count towards its most important fields of activity.

- Amt für multikulturelle Angelegenheiten (AmkA)
Office for Multicultural Affairs

ADVICE AND HELP

The range of offers for help and advice in Frankfurt is wide, there are communal advice centres, pastoral or independent advice centres for almost every question and

problem - more than we can display here. You will find a comprehensive overview, with directions to the relevant centre, on the City of Frankfurt's Website.

www.frankfurt.de > [Leben in Frankfurt](#) > [Soziales und Gesellschaft](#) > [Beratungsstellen](#)

ADVICE ON CHILD CARE

ADVICE FOR PARENTS, CHILDREN AND YOUNG PEOPLE

Parents, children and young adults are entitled to support, advice and supervision in accordance with the Kinder- und Jugendhilfegesetz (Children and Young People's Protection Act). In Frankfurt, there are 15 child care advice centres (EBs) to help with questions regarding living in family, difficulties at school or at work, conflicts in the family, school, between friends or at college. They all offer advice for separation and divorce and will support you in implementing visitation rights and custody. Some also offer **groups for children from separated or divorced families**. It is even possible to receive **advice in different languages**.

A comprehensive description of the offers made by all EBs is available on www.ebfft.de in several languages; all individual addresses are under

→ [Erziehungsberatungsstellen](#)
[Child Care Advice Centres](#)

Alongside child care advice centres, there are a list of further institutions whom you can contact with questions regarding child care and any problems you may have in your family, for example

→ [Frankfurter Kinderbüro](#)
[Frankfurt Child Care Office](#)
→ [Deutscher Kinderschutzbund](#)
[German Child Protection Agency](#)

The advice centres from the first chapter of this book, or the family education centres in the next chapter can also be used as drop-in centres. They will certainly help you to find the right contact for your needs.

The right to support when raising children also includes intensive socio-educational assistance; for example, child care support, family help or help with school work. You can talk to the children and young people's social services as to whether something like this could help you or your children.

→ [Sozialräthäuser](#)
[Town Halls](#)

Parents, children and young people can also receive advice over the telephone. **For parents and other adults having problems with child care**, anonymous, free of charge, Mondays to Fridays 9 a.m. to 11 a.m., Tuesdays and Thursdays 5 p.m. - 7 p.m.

[Elterntelefon des Kinderschutzbundes](#), Telephone 0800 1110550
[German Child Protection Agency Hotline for Parents](#)

For children and young people with problems, worries and crises

of all kinds, anonymous and free of charge, Mondays to Saturdays 2 p.m. - 8 p.m. [Sorgentelefon 0800 1110333](#)
[Crisis Hotline](#)

ADVICE FOR THE DISABLED

If you are disabled as a **mother or father** or might become disabled in the future, then you are entitled to receive support in accordance with SGB XII (German Social Law Book XII) and/or the Pflegeversicherung (part of German social security, in case of incapacity). You can get help and support from the help network at

→ [Sozialräthäuser, Soziale Hilfen](#)
[Town Halls](#)

If your **child** is disabled, or might become disabled in the future, your first port of call is the kinder- und jugendmedizinische Dienst (Medical Service for Children and Young People) at the Amt für Gesundheit (Public Health Office). The service works in close co-operation with the town halls and other institutions and can explain the different areas of authority and the different possibilities for support.

→ [Amt für Gesundheit, Kinder- und Jugendmedizin](#)
[Public Health Office, Pediatrics- and Youth Medicine](#)

Your child can receive financial support from

→ [Sozialräthäuser, Soziale Hilfen](#)
[Town Halls](#)

The "**Frankfurter Nachteilsausgleich**" (Frankfurt Compensation for Economic Loss) is voluntary communal support to enable disabled people to take part in public life. For example, they can use a chip card to obtain cheaper public transport. For information about this and other topics, go to www.frankfurt.de > [Frankfurt für](#) > [Menschen mit Behinderungen](#)

Applications for a **disabled persons identification card** can be filed at

→ [Hessisches Amt für Versorgung und Soziales](#)
[Hessian Social Welfare Office](#)

You can also contact the **Disability Officer** for the city of Frankfurt. The office also publishes an informative "**Stadtführer für Menschen mit Behinderungen**" (Guidebook for the Disabled) and maintains the website www.frankfurt-handicap.de. There you can find **basic materials, news and current events** in English and in easy to understand language.

→ [Behindertenbeauftragte](#)
[Disability Officer](#)

A lot of associations work for people with disabilities and develop integrated activities and co-operation with the Frankfurter Behinderten-Arbeitsgemeinschaft (Frankfurt Disabled Workers Association). Every year, for example, together with local authorities, the „**Integrativer Sommer-spaß für Kinder und Jugendliche mit und ohne Behinderung**“ (integrated summer fun and games for children and young people with and without disability) or the „**Spiele- und Sportfest für Kinder, Jugendliche und Erwachsene**“ (sports and games festival for children, young people and adults) is held.

Information and advice can be obtained from

- CeBeeF, Club Behinderter und ihrer Freunde
Association for disabled people and their friends
- KOMM Ambulante Dienste
Outpatient's Service
- Lebenshilfe
Self-Help Organisation for People with Intellectual Disabilities
- Gemeinsam leben Hessen
Living Together in Hesse

More initiatives and self-help groups can be found at www.frankfurt-handicap.de

Comprehensive, free of charge and current: the „**Ratgeber für Menschen mit Behinderung**“ (Guide for People with Disabilities) from the Federal Ministry for Work and Social Matters.

It can be ordered under the number A712, by [telephone 0180 778090](tel:0180 778090) or by e-mail publikationen@bundesregierung.de

ADVICE IN CASES OF DOMESTIC VIOLENCE

No one is allowed to use violence against you, to hit you, hurt you, lock you in or threaten you – neither your (previous) partner/spouse, nor anyone else. If you are being threatened, ring the police. State your name and your address and stress that you need help immediately. Emergency number for the police: 110 (day and night)

In several **advice centres**, you can discuss your personal situation thoroughly and ask any questions – medical, psychological, legal and financial questions for example – and they will tell you how to proceed. Advice is given either in person or by telephone, free of charge and, if required, anonymously, for women of all nationalities and independent of their visa status. If required, a professional interpreter can be employed at no further cost to you.

- Beratungszentrum am Frauenhof
Advice Centre at Frauenhof
- Beratungsstelle Frauennotruf
Advice Centre for Women in Need
- Beratungsstelle für Frauen, Diakonisches Werk
Diaconal Advice Centre for Women in Need

- Frauen helfen Frauen, Beratungsstelle
Advice Centre
- FiM – Frauenrecht ist Menschenrecht
(especially for immigrants in difficult situations)
Women's Right is Human Right

Men/fathers who are threatened by domestic violence can contact

- Informationszentrum für Männerfragen
Information Centre for Men's Issues

A **pamphlet** in several languages – Arabic, German, English, Russian, Spanish and Turkish – is available in the advice centres named and in www.frauennotruf-frankfurt.de, under “Konkrete Hilfen und Materialien”, for example. The Frankfurt “**Wegweiser für Eilanträge nach dem Gewaltschutzgesetz**” (Guidebook for Applications for Immediate Relief in accordance with the Anti-Violence Act) explains the legal way to go about getting a restraining order and the permanent transferral of the apartment into your name. It can be ordered in different languages, or can be downloaded from www.frauenhaus-ffm.de.

- Frauen helfen Frauen, Beratungsstelle
Advice Centre Independent Women's Refuge

ADVICE IN CASES OF UNEMPLOYMENT AND DEBT

If you are unemployed, or threatened with unemployment, receive ALG I, ALG II or Public assistance, and cannot understand the letters from the Job Centre or the Government Agencies, or the forms; if you are heavily indebted, want to secure your work place and want to stay in a good negotiating position, you can find free and independent **social and legal advice** as well as debt advice at the

- FALZ Frankfurter Arbeitslosenzentrum
Unemployment Centre

The German Trade Union offers **unemployment and social advice**, also available for non-members: advice for on-coming and current unemployment, help when applying for ALG I and ALG II, checking letters from the authorities, help with problems with the authorities. Information on further social support can be found at the

- Arbeitslosen- und Sozialberatung im Gewerkschaftshaus
Advice and Consultation for the Unemployed and Social Counselling in the Gewerkschaftshaus

Further information regarding work/unemployment can be found in the chapter on work and careers.

Debt and insolvency advice is available free of charge for people who are in trouble because of high debts and want to tackle the problem. In these sessions, stress is laid upon clarifying financial situations, regulating

debts, and psychosocial advice. The first four advice centres are responsible for different parts of Frankfurt; the last two give advice to people from all of Frankfurt. Information about regional jurisdiction and responsibility can be gained from the town halls.

- Schuldnerberatung des Jugend- und Sozialamts
Debt Counselling from the Youth and Social Office
- Schuldnerberatung des Caritasverbands
Caritas Association Debt Counselling
- Schuldnerberatung Frankfurt Ost
Frankfurt Ost Debt Counselling
- Schuldnerberatung im FALZ Frankfurter Arbeitslosenzentrum
Debt Counselling in the FALZ Frankfurt Centre for the Unemployed
- SOS Alltag, Schuldner- und Insolvenzberatung
Debt and Insolvency Counselling (payment can be negotiated)
- Verbraucherzentrale Hessen
Hesse Consumer Advice Centre (5 Euros for the first advice session)

The debt advice from the Youth and Social Office offers an **online advice centre for youths and young adults who are overdebted** which answers all questions regarding money: for example, debts from mobile or internet contracts, loan purchases, private debts. Information available at www.boesefalle.org

Some organisations offer preventative offers, such as a free advice service on **budget planning** and for **when things get financially tight**, upon appointment. For examples, visit

- Katholische Familienbildung Frankfurt
Catholic Family Education Centre Frankfurt
- Internationales Familienzentrum e. V./Interkulturelle Familienbildung
International Family Centre/ Intercultural Family Education Centre
- Zentrum Familie im Haus der Volksarbeit
Family Centre

EDUCATION CONTACT

Would you like to meet other mothers and fathers and exchange notes, suggestions for your family life, and improve your child care abilities? Are

you looking for activities for your children? A wide-ranging programme is available for all questions that you may have regarding everyday family life, before or after the birth of your child, and is offered by several **family education centres**. All of them will talk to you, independent of your origin or religious beliefs. Some have special offers for single parents and/or their children.

- Evangelische Familienbildung Frankfurt
Protestant Family Education Centre Frankfurt
- Evangelische Familienbildung Frankfurt-Höchst
Protestant Family Education Centre Frankfurt Höchst
- Familien Gesundheits Zentrum
Family Health Centre
- Der Hof - Freie Bildungsstätte
Free Educational Institution
- Internationales Familienzentrum e. V./Interkulturelle Familienbildung
International Family Centre/ Intercultural Family Education Centre
- Katholische Familienbildung Frankfurt
Catholic Family Education Centre Frankfurt
- Kinder- und Familienzentrum Fechenheim
Children and Family Centre Fechenheim
- MUKIVA Kinder- und Familienzentrum
Children and Family Centre
- Nachbarschaftszentrum Ostend, Familienbildung
Family Education Ostend
- Zentrum Familie im Haus der Volksarbeit
Family Centre

TIP

115 – THE NUMBER OF YOUR AUTHORITIES

This is a country-wide service offer for citizens and residents. Here you can get immediate information without having to ring several different institutions and information hotlines. If you require more specialised help, you will be connected to the required government agency. The service centre also works beyond the city borders and will guarantee you a quick answer to your problem.

- You can find **courses and events** on different topics and **open meet-ups** where you can meet other single parents and talk, for example at
- **Verband alleinerziehender Mütter und Väter (VAMV)**
Society of Single Mothers and Fathers
 - **Frankfurter Kinderbüro , Familien-Info-Café**
Frankfurt Child Care Office, Family Info Café
 - **Deutscher Kinderschutzbund**
German Child Protection Agency
 - **Kinder- und Familienzentrum Monikahaus**
Children and Family Centre Monikahaus
 - **Infrau e. V. – Interkulturelles Beratungs- und Bildungszentrum für Frauen, Mädchen und Seniorinnen**
Intercultural Advice and Education Centre for Women, Girls and Senior Female Citizens
 - **Nachbarschaftszentrum Ginnheim e. V. (**
Ginnheim Neighbourhood Centre
 - **Mehrgenerationenhaus Frankfurt**
Frankfurt's Intergenerational House

Many institutions have offers which are especially interesting for one-parent families. The children and family centre Monikahaus, for example, arranges for "foster grandparents", so that families can extend their social network. The Frankfurter Kinderbüro arranges for "foster families", who can help you in your everyday life or can do things with your children.

Feel free to ask for help at the advice centres, institutions or associations in your area, or also in your church parish! You will definitely find people with whom you can talk, get mutual support and have fun. Also, the many different sport associations in Frankfurt offer possibilities to come into contact with other parents and children.

HOLIDAYS AND FREETIME

You can also go on holiday and recuperate if you're on a tight budget - that is what the Federal Workers Association "Family Holiday" is for. An annually published catalogue, "**Urlaub mit der Familie**" (holiday with the family), contains offers of around 120 non-profit family holiday centres, funded by charities, churches, friends of nature associations etc. Many different federal states offer subsidies for (single) parents for these offers. Hesse is not one of them.

→ **BAG Familienerholung** or www.urlaub-mit-der-familie.de
Family Holiday

Holidays especially for single parents with their children - with advice sessions if required - is, for example, offered by the Wertacher Mühle in Allgäu, www.wertachermuehle.de, and the bed and breakfast Organistenhaus on the North Sea coast www.organistenhaus.de

The **German Jugendherbergswerk** (Youth Hostel Association) offers holidays and short trips for families; single parents with their children are especially welcome: www.jugendherberge.de

On www.allein-erziehend.net or www.die-alleinerziehenden.de, you can plan your holiday together with others.

The "**Ferienkarussell**" (holiday carousel) offers many different **low cost free time activities** during the Hessian school holidays: time out, all day activities, workshops, holiday games in many areas of the city for children.

The annual programme can be found on www.ferienkarussell-frankfurt.de or as a **brochure** in all children and young people's centres, schools, town halls and local libraries. Also at

→ **Bürgerberatung im Frankfurt Forum**
Citizens Advice in the Frankfurt Forum

→ **Tourist-Info Römer**
Römer Tourist Information

In the summer holidays, the **Ferienkarte** (holiday card) is available from the City of Frankfurt for children and young people up to 16 years of age. This is a free entry pass for many different establishments (for example the Zoo, Exotarium, Palmengarten, outdoor and indoor swimming baths, and many local museums) and as a travel ticket for the RMV in tariff zone 50, including the airport.

It costs 33 Euro; for children with a Frankfurt-Pass (see the chapter on public support) it is free of charge. The cards can be obtained for all children before the summer holidays at

- Sozialräthäuser, Kasse
Town Halls, City Exchequer
- Kindermuseum Frankfurt
Children's Museum Frankfurt
- Tourist-Info Römer
Römer Tourist Information

For information on holiday free time activities and young people's associations, see

- Frankfurter Jugendring, www.frankfurt-macht-ferien.de
Frankfurt Youth Support Group

There is also a variety of **free time activities for children and adults** outside of the holidays, many of them free of charge or at low cost. You can read about the **Child Culture Programme** "Frankfurter Flöhe" ("Frankfurt Toddlers"), "Starke Stücke" ("Strong Parts") or the "Frankfurter Leseule" ("Frankfurt Bookworms"), or the Great Children and Young People's Book Exhibition with an interesting accompanying programme, which takes place in Römer every year at www.kinderkultur-frankfurt.de

The extensive **book and media range** offered by the Frankfurt central library is available for you and your child/ren - if your child is under 18 years of age, loaning out books is free of charge. Every two months, a pamphlet can inform you about interesting events in the central library and in the local libraries.

- Stadtbücherei
Central Library

Have you ever heard about **SATURDAY for Families**? Frankfurt museums offer an extraordinary discovery tour free of charge on the last Saturday in the month, except in August and December. The programme and many other tips for children and adults can be found in the culture forum of the City of Frankfurt www.kultur-frankfurt.de.

The City of Frankfurt website www.frankfurt.de also offers a choice of events happening at the moment, especially under **>Frankfurt für Familien** and **> Frankfurt für Kinder und Jugendliche**

An overview of the range of activities offered by **Frankfurt Sport Associations** can be found under www.sportkreis-frankfurt.de and the free time and therapeutic sport forum www.mainova-sport.de

Also: Frankfurt has a **wide range of playing areas** - inner-city playing areas, playing areas in the wood, parks, adventure play areas, play areas for disabled children. The Frankfurter Kinderbüro has a free **"Kinders-tadtplan"** (Children's Map) of your area with an overview of the playing

areas near you - or in a part of the city which you always wanted to see. The Kinderbüro knows what children want. It represents their interests and is all ears, with comprehensive advice for families. It supports the child officers in local committees and runs the Frankfurt Family Alliance.

- Frankfurter Kinderbüro
Frankfurt Child Care Office

You can find their programme online. A lot of funding organisations, establishments and event-holders have written programmes in many areas of the city for you to take, for example in young people's organisations, town halls, and citizens' offices, in the central library, in local libraries and at

- Bürgerberatung im Frankfurt Forum
Citizens Advice in the Frankfurt Forum



ADDRESSES

A

Agentur für Arbeit Frankfurt am Main
KUNDENZENTRUM
German Employment Agency
CUSTOMER CENTRE
Fischerfeldstraße 10–12, 60311 Frankfurt
Tel 0800 4555500, Fax 2171-2430
frankfurt-main@arbeitsagentur.de
www.arbeitsagentur.de

Amt für Gesundheit
Stadt Frankfurt am Main
Public Health Office Frankfurt am Main
Breite Gasse 28, 60313 Frankfurt
Tel 212-33970, Fax 212-30415
info.gesundheitsamt@stadt-frankfurt.de
www.gesundheitsamt.stadt-frankfurt.de

FRÜHE HILFEN
EARLY HELP
Tel 212-35622, Fax 212-40907
fruehe.hilfen@stadt-frankfurt.de

KINDER- UND JUGENDMEDIZIN
PEDIATRICS AND YOUTH MEDICINE
Tel 212-33831, Fax 212-31974
kinder.jugendmedizin@stadt-frankfurt.de

Amt für multikulturelle
Angelegenheiten (AmkA)
Stadt Frankfurt am Main
Office for Multicultural Affairs (AmkA)
for Frankfurt am Main
Lange Straße 25–27, 60311 Frankfurt
Tel 212-38765, Fax 212-37946
information.amka@stadt-frankfurt.de
www.amka.de

Amt für Wohnungswesen
Stadt Frankfurt am Main
Agency for Housing for Frankfurt am Main
Adickesallee 67–69, 60322 Frankfurt
Tel 212-34742, Fax 212-37948
info.amt64@stadt-frankfurt.de
www.wohnungsamt.frankfurt.de

Amtsgericht Frankfurt am Main
Frankfurt am Main County Court
ABT. FAMILIENGERICHT
DEPT. FAMILY COURT
ABT. RECHTSANTRAGSSTELLE
DEPT. LEGAL PETITION OFFICE
Gerichtsstraße 2, 60313 Frankfurt
Tel 1367-01 (Switchboard)
www.ag-frankfurt.justiz.hessen.de

Arbeiterwohlfahrt
Bezirksverband Hessen-Süd e.V.
KURBERATUNG
German Worker's Welfare Association
Regional Office Hesse South
COURSE ADVICE SESSION
Kruppstraße 105, 60388 Frankfurt
Tel 42009-186
kurberatung@awo-hessensued.de
www.awo-hessensued.de

Arbeiterwohlfahrt
Kreisverband Frankfurt am Main e.V.
KINDERBETREUUNG
German Worker's Welfare Association
District Office Frankfurt am Main
CHILD CARE
Henschelstraße 11, 60314 Frankfurt
Tel 298901-54, Fax 298901-55
info@awo-frankfurt.de
www.awo-frankfurt.de

Arbeitskreis Partnerschaftskrise,
Trennung, Scheidung e.V.
Working Group: Crises in Relationships,
Separation, Divorce
Hartmannsweilerstraße 78
65933 Frankfurt
Tel 519573, Fax 95298090
AK-PTS@online.de

Arbeitslosen- und Sozialberatung
im Gewerkschaftshaus
Advice and Consultation for the
Unemployed and Social Counselling
in the Gewerkschaftshaus
Wilhelm-Leuschner-Straße 69–77
60329 Frankfurt
Tel 27300595
also-dgb@gmx.de
www.frankfurt-rhein-main.dgb.de

ASB Lehrerkoooperative gGmbH
Geschäftsstelle
Administrative Office Teacher Cooperative
Kasseler Straße 1 a, 60486 Frankfurt
Tel 9706360, Fax 97063636
info@lehrerkoooperative.de
www.lehrerkoooperative.de

B
Babysitter- und Tagespflegevermittlung
(BTV) e.V.
Child Care and Babysitter Agency
Zeil 29–31, 60313 Frankfurt
Tel 559405, Fax 5969656
info@btv-frankfurt.de
www.btv-frankfurt.de

BAG Familienerholung
c/o Evangelische Familienerholung
Diakonie Deutschland
Family Holiday Protestant Social and
Welfare Organisation
Caroline-Michaelis-Straße 1, 10115 Berlin
Tel 030 65211-1674
Fax 030 65211-3674
familienerholung@diakonie.de
www.urlaub-mit-der-familie.de

Behindertenbeauftragte
Stadt Frankfurt am Main
Disability Officer for Frankfurt am Main
Berliner Str. 33–35, 60311 Frankfurt
Tel 212-35771, Fax 212-40531
friederike.schlegel@stadt-frankfurt.de
www.frankfurt-handicap.de

berami – berufliche Integration e.V.
Integration in the Workplace
Burgstraße 106, 60389 Frankfurt
Tel 913010-0, Fax 913010-33
kontakt@berami.de
www.berami.de

Beratungsstelle Frauennotruf
Advice Centre for Women in Need
Kasseler Straße 1 a, 60486 Frankfurt
Tel 709494, Fax 79302795
info@frauennotruf-frankfurt.de
www.frauennotruf-frankfurt.de

Beratungsstelle für Frauen
Diakonisches Werk Frankfurt am Main
Diaconal Advice Centre for Women in Need
Social Welfare Organisation of Germany's
Protestant
Alfred-Brehm-Platz 17, 60316 Frankfurt
Tel 943502-30, Fax 943502-35
bff.zefra@diakonischeswerk-frankfurt.de
www.zefra.de

Beratung und Begegnung für Frauen
Caritasverband Frankfurt e.V.
Advice and Consultation for Women
Caritas Association Frankfurt
Affentorplatz 1, 60594 Frankfurt
Tel 254931-22, Fax 254931-50
frauenberatung@caritas-frankfurt.de

Beratungszentrum am Frauenhof
Angebote für Frauen in sozialen Notlagen
Advice Centre at Frauenhof
Assistance for Women in Need
Schwanheimer Straße 7, 60528 Frankfurt
Tel 43054766 + 0172 6198984
Fax 43054767
beratungszentrum-am-frauenhof@
frankfurter-verein.de
www.frauenhaus-frankfurt.de

Beratungszentrum
Frankfurter Arbeitsmarktprogramm
Advice Centre
Frankfurt Job Market Programme
Mainzer Landstraße 405, 60326 Frankfurt
Tel 68097-150
www.frap-beratungszentrum.de

Bildungsberatung Hessencampus
Frankfurt am Main
Educational Advice Hesse Campus
Frankfurt am Main
c/o Volkshochschule Frankfurt
Sonnemannstraße 13, 60314 Frankfurt
Tel 212-46703, Fax 212-73765
bildungsberatung.hc@stadt-frankfurt.de

BIZ – Berufsinformationszentrum
Frankfurt am Main
Vocational Information Centre
Frankfurt am Main
Fischerfeldstraße 10–12, 60311 Frankfurt
Tel 2171-2222, Fax 2171-2662
frankfurt-main.biz@arbeitsagentur.de
www.arbeitsagentur.de

Bürgerberatung im Frankfurt Forum
Stadt Frankfurt am Main
Citizens Advice in the Frankfurt Forum
Römerberg 32, 60311 Frankfurt
Tel 212-40000, Fax 212-33576
buergerberatung@stadt-frankfurt.de

Bundesamt für Migration und Flüchtlinge
ESF-berufsbezogene Deutschförderung
Federal Agency for Immigrants
and Asylum Seekers
Occupation based German courses
Blaubach 13, 50676 Köln
Tel 0221 92426400 (Hotline)
esf-verwaltung@bamf.bund.de
www.bamf.de

**Bundesversicherungsamt
Mutterschaftsgeldstelle**
Federal Insurance Office
Maternity Benefit Centre
Friedrich-Ebert-Allee 38
53113 Bonn
Tel 0228 619-1888 (Hotline)
mutterschaftsgeldstelle@bva.de
www.mutterschaftsgeld.de

**BVZ Beratungs- und
Verwaltungszentrum e.V.**
Education and Administration Centre
Humboldtstraße 12, 60318 Frankfurt
Tel 9150107-00, Fax 9150107-29
info@bvz-frankfurt.de
www.bvz-frankfurt.org

Caritasverband Frankfurt e.V.
Caritas Catholic welfare organisation
www.caritas-frankfurt.de

KURBERATUNG
HEALTH RESORT ADVICE
Affentorplatz 1, 60594 Frankfurt
Tel 254931-12
muettergenesung@caritas-frankfurt.de

REFERAT KINDERTAGESSTÄTTEN
NURSERY SCHOOLS AND
KINDERGARTEN DEPARTMENT
Alte Mainzer Gasse 10, 60311 Frankfurt
Tel 2982-163, Fax 2982-254
bettina.wiederspahn-wolf@caritas-
frankfurt.de

CeBeef e.V.
Club Behinderter und ihrer Freunde
Association for disabled people
and their friends
Elbinger Straße 2, 60487 Frankfurt
Tel 970522-0, Fax 970522-59
beratung@cebeef.com
www.cebeef.com

D
Der Hof – Freie Bildungsstätte
Der Hof – Free Educational Institution
Alt-Niederursel 51, 60439 Frankfurt
Tel 575078
bildungsstaette@der-hof.de
www.der-hof.de

Deutsche Rentenversicherung
German Pension Insurance
Zeil 53, 60313 Frankfurt
Tel 99992090
www.deutsche-rentenversicherung.de

**Deutscher Arbeitskreis
für Familienhilfe e.V.**
German Working Group for Family Aid
Berliner Straße 284, 63067 Offenbach
Tel 437091, Fax 437097
offenbach@ak-familienhilfe.de
www.ak-familienhilfe.de

Deutscher Kinderschutzbund
Bezirksverband Frankfurt am Main e.V.
German Child Protection Agency
Regional Department Frankfurt am Main
Comeniusstraße 37, 60389 Frankfurt
Tel 970901-10 (Geschäftsstelle)
Tel 970901-20 (Beratungsstelle)
Fax 970901-30
dksb@kinderschutzbund-frankfurt.de
www.kinderschutzbund-frankfurt.de

**Deutsch-Iranische Beratungsstelle für
Frauen und Mädchen e.V.**
German-Iranian Advice Centre for
Women and Girls
Hohenstaufenstraße 8, 60327 Frankfurt
Tel 772050, Fax 772050
dib-frauen@web.de
www.dib-frauen.de

Diakonisches Werk Frankfurt am Main
Welfare Organisation of Germany's
Protestant Churches Frankfurt am Main
www.diakonischeswerk-frankfurt.de

ARBEITSBEREICH KINDERTAGESSTÄTTEN
DEPARTMENT FOR NURSERY SCHOOLS
AND KINDERGARTEN
Kurt-Schumacher-Straße 31
60311 Frankfurt
Tel 2475149-3002
kita@diakonischeswerk-frankfurt.de

ARBEITSBEREICH MÜTTERGENESUNG
DEPARTMENT MATERNAL RECOVERY
Rotteckstraße 16, 60316 Frankfurt
Tel 299255251 + 299255252
Fax 299255250
muettergenesung@diakonischeswerk-
frankfurt.de

STARK MIT KIND
STRONG WITH YOUR CHILD
Alfred-Brehm-Platz 17, 60316 Frankfurt
(for the women's support group - 17 Ost)
Tel 943502-80, Fax 943502-52
stark-mit-kind@diakonischeswerk-frankfurt.de

E
Elbi-Strolche, GFFB gGmbH
Idsteiner Straße 91, 60326 Frankfurt
Tel 97776-240, Fax 973226-279
info@elbi-strolche.de
www.elbi-strolche.de

Erziehungsberatungsstellen
Child Care Advice Centres
www.ebffm.de

**Beratungsstelle für Eltern, Kinder und
Jugendliche**
Verein für Psychotherapie, Beratung und
Heilpädagogik e. V.
Advice Centre for Parents, Children
and Young People
Society for Psychotherapy, Advice
and Natural Remedies
Alexanderstraße 29, 60489 Frankfurt
Tel 7892019, Fax 97824016
eb@erziehungshilfe-roedelheim.de
www.erziehungshilfe-roedelheim.de

**Beratungsstelle für Eltern, Kinder und
Jugendliche,
Gesellschaft für Erziehung und
Elternarbeit e.V.**
Advice Centre for Parents,
Children and Young People, Society
for Child Care and Parenting
Alt-Preungesheim 2, 60435 Frankfurt
Tel 541001
eb.preungesheim@online.de
www.ahze-ffm.de

Eltern- und Jugendberatung
Nordweststadt
Caritasverband Frankfurt am Main e.V.
Advice Centre for Parents and
Young People, Nordweststadt
Caritas Association Frankfurt am Main
Ernst-Kahn-Straße 49 a
60439 Frankfurt
Tel 958217-0, Fax 958217-10
eb.nordweststadt@caritas-frankfurt.de
www.caritas-frankfurt.de

Eltern- und Jugendberatung
Stadtmitte
Advice Centre for Parents and
Young Children City Centre
Mainkai 40, 60321 Frankfurt
Tel 91331661, Fax 91331668
eb.stadtmitte@caritas-frankfurt.de
www.caritas-frankfurt.de

Erziehungsberatungsstelle
Haus der Volksarbeit e.V.
Education Advice Centre
at the Haus der Volksarbeit
Eschenheimer Anlage 21
60318 Frankfurt
Tel 1501125, Fax 1501354
erziehungsberatung@hdv-ffm.de
www.hdv-ffm.de

**Erziehungs- und
Familienberatungsstelle im
Internationalen Familienzentrum e.V.**
Education and Family Advice Centre
in the International Family Centre
Sophienstraße 46, 60487 Frankfurt
Tel 30038999-0, Fax 30038999-25
erziehungsberatung@ifz-ev.de
www.ifz-web.de

**Evangelisches Zentrum
für Beratung in Höchst**
Protestant Advice Centre in Höchst
Leverkuser Straße 7, 65929 Frankfurt
Tel 7593672-10, Fax 7593672-11
familienberatung.hoechst@frankfurt-
evangelisch.de
www.beratungszentrum-hoechst.de

**Evangelisches Zentrum für Beratung
und Therapie am Weißen Stein**
Protestant Centre for Consultation
and Therapy at Weißen Stein
Eschersheimer Landstraße 567
60431 Frankfurt
Tel 5302-220
familienberatung@frankfurt-
evangelisch.de
www.frankfurt-evangelisch.de

**Jüdisches Psychotherapeutisches
Beratungszentrum für Kinder,
Jugendliche und Erwachsene e.V.**
Jewish Psychotherapeutic
Advice Centre for Children,
Young People and Adults
Varrentrappstraße 40-42
60486 Frankfurt
Tel 71915290, Fax 71915299
info@jbz-frankfurt.de
www.jbz-frankfurt.de

**Kinder-Jugend-Elternberatung
Bergen-Enkheim**
Advice Centre for Children, Young
People and Parents in Bergen-Enkheim
Borsigallee 43, 60388 Frankfurt
Tel 212-34758, Fax 212-36913
info.kjeb-bergen-enkheim@stadt-
frankfurt.de
www.kjfh.frankfurt.de

**Kinder-Jugend-Elternberatung
Bornheim**
Advice Centre for Children, Young
People and Parents in Bornheim
Böttgerstraße 22, 60389 Frankfurt
Tel 212-34980, Fax 212-32972
info.kjeb-bornheim@stadt-frankfurt.de
www.kjfh.frankfurt.de

Kinder-Jugend-Elternberatung Gallus
Advice Centre for Children, Young
People and Parents in Gallus
Kostheimer Straße 11, 60326 Frankfurt
Tel 212-35993, Fax 212-40188
info.kjeb-gallus@stadt-frankfurt.de
www.kjfh.frankfurt.de

**Kinder-Jugend-Elternberatung
Goldstein**
Advice Centre for Children, Young
People and Parents in Goldstein
Straßburger Straße 31, 60529 Frankfurt
Tel 212-32960, Fax 212-32873
info.kjeb-goldstein@stadt-frankfurt.de
www.kjfh.frankfurt.de

Kinder-Jugend-Elternberatung Höchst
Advice Centre for Children, Young
People and Parents in Höchst
Palleskestraße 2, 65929 Frankfurt
Tel 212-45459, Fax 212-45781
info.kjeb-hoechst@stadt-frankfurt.de
www.kjfh.frankfurt.de

**Kinder-Jugend-Elternberatung
Sachsenhausen**
Advice Centre for Children, Young
People and Parents in Sachsenhausen
Metzlerstraße 34, 60594 Frankfurt
Tel 212-35126, Fax 212-35571
info.kjeb-sachsenhausen@stadt-
frankfurt.de
www.kjfh.frankfurt.de

Evangelische Familienbildung Frankfurt
Protestant Family Education Centre
Frankfurt
Darmstädter Landstraße 81
60598 Frankfurt
Tel 605004-11, Fax 605004-22
info.familienbildung@frankfurt-
evangelisch.de
www.familienbildung-ffm.de

Evangelische Familienbildung Höchst
Protestant Family Education Centre Höchst
Leverkuser Straße 7, 65929 Frankfurt
Tel 7593672-80, Fax 7593672-81
familienzentrum.hoechst@frankfurt-
evangelisch.de
www.familienbildung-ffm.de

**Evangelisches Zentrum für Beratung
und Therapie am Weißen Stein**
Protestant Centre for Advice and Therapy,
at Weißen Stein
Eschersheimer Landstraße 567
60431 Frankfurt
Tel 5302-222 + 5302-291
familienberatung@frankfurt-evangelisch.de
www.frankfurt-evangelisch.de

F
FALZ Frankfurter Arbeitslosenzentrum e.V.
Centre for the Unemployed in Frankfurt
Friedberger Anlage 24, 60316 Frankfurt
Tel 700425, Fax 704812
zentrum@falz.org
www.falz.org

FamilienGesundheitsZentrum
Family Health Centre
Neuhofstraße 32 H, 60318 Frankfurt
Tel 591700, Fax 593129
info@fgzn.de
www.fgzn.de

Familienkasse Frankfurt am Main
Agentur für Arbeit Frankfurt
Family Benefits Office at the
German Employment Agency
Fischerfeldstraße 10-12, 60311 Frankfurt
Tel 0800 455530 (Child benefit, subsidy)
Fax 2171-2430
familienkasse-frankfurt@arbeitsagentur.de
www.familienkasse.de

Fim – Frauenrecht ist Menschenrecht e.V.
Women's Right is Human Right
Varrentrappstraße 55, 60486 Frankfurt
Tel 9709797-0, Fax 9709797-18
info@fim-beratungszentrum.de
www.fim-frauenrecht.de

Frankfurter Familienstart
c/o Krabbelstube Posträuber
Frankfurt Family Start
Hostastostraße 27, 65929 Frankfurt
Tel 560001-0, Fax 560001-70
familienstart@bvz-frankfurt.de

Frankfurter Jugendring
Frankfurt Youth Support Group
Hansaallee 150, 60320 Frankfurt
Tel 560001-0, Fax 560001-70
geschaeftsstelle@frankfurterjugendring.de
www.frankfurterjugendring.de

Frankfurter Kinderbüro
Stadtschulamt
Frankfurt Child Care Office
City Department of Education
Schleiermacherstraße 7, 60316 Frankfurt
Tel 212-39001, Fax 430247
info@frankfurter-kinderbuero.de
www.kinderbuero-ffm.de

**Frankfurter Rechtshilfekomitee
für Ausländer e.V.**
c/o Evangelische Studentengemeinde
Frankfurt Legal Aid Committee
for Immigrants
Siolistastraße 7 (Postal Address)
60323 Frankfurt
Tel 478621020
www.rechtshilfekomitee.de

Frauenhaus „die kanne“
**Frankfurter Verein für soziale
Heimstätten e.V.**
Women's Refuge "die kanne"
Frankfurt Association for Social Refuge
Postfach 700306, 60553 Frankfurt
Tel 6312614 + 6311845 + 0172 8702629
Fax 6314320
die.kanne@frankfurter-verein.de
www.frauenhaus-frankfurt.de

Frauen helfen Frauen e.V.
Women Helping Women
www.frauen-helfen-frauen-ffm.de
AUTONOMES FRAUENHAUS
INDEPENDENT WOMEN'S REFUGE
Postfach 560235, 60407 Frankfurt
Tel 573055 + 06101 48311
Fax 06101 4604
info@frauenhaus-ffm.de

BERATUNGS- UND INTERVENTIONSSTELLE
ADVICE AND INTERVENTION CENTRE
Berger Straße 31-33, 60316 Frankfurt
Tel 48986551

Frauenreferat
Stadt Frankfurt am Main
Department of Women's Affairs
Frankfurt am Main
Hasengasse 4, 60311 Frankfurt
Tel 212-35319, Fax 212-30727
info.frauenreferat@stadt-frankfurt.de
www.frauenreferat.frankfurt.de

Frauen-Softwarehaus e.V.
IT Advice Centre for Women
Hohenstaufenstraße 8, 60327 Frankfurt
Tel 7411404, Fax 7410671
kontakt@fsw.de
www.frauensoftwarehaus.de

Frauen-Wohnungsbau-Genossenschaft e. G.
c/o Wohnbund Frankfurt
Women's Housing Society
Appelgasse 12, 60487 Frankfurt
Tel 701948
lila-luftschloss@wohnbund-frankfurt.de
www.lila-luftschloss.de

Frühförderstellen
Early Support Offices

- **Allgemeine Pädagogische**
- **Frühförderung – Frühförderung Mobil**
- **General Educational Early Support**
- **– Mobile Early Support**
- Kurt-Schumacher-Straße 31
- 60311 Frankfurt
- Tel 2475149-4003, Fax 2475149-4403
- ff.integrationshilfen@
- diakonischeswerk-frankfurt.de
- www.diakonischeswerk-frankfurt.de

- **Frühförderstelle am Hauptbahnhof**
- **Verein Arbeits- und Erziehungs-
hilfe e.V.**
- **Early Support Office at Hauptbahnhof**
- **Society for Work and**
- **Child Care Support**
- Karlsruher Straße 9, 60329 Frankfurt
- Tel 27216-300, Fax 27216-399
- ffsbahnhof@vae-ev.de
- www.vae-ev.de

- **Frühförderstelle –**
- **Haus des Kindes e.V.**
- **Early Support Office**
- **at the Haus des Kindes**
- Alt-Niederursel 51, 60439 Frankfurt
- Tel 5890165, Fax 95733864
- info@haus-des-kindes.com
- www.der-hof.de

- **Frühförderstelle Rödelheim**
- **Verein Arbeits- und Erziehungshilfe e.V.**
- Early Support Office Rödelheim
- Society for Work and Child Care Support
- Burgfriedenstrasse 7, 60489 Frankfurt
- Tel 978275-0, Fax 978275-30
- ffsroedelheim@vae-ev.de
- www.vae-ev.de

- **Frühförder- und Beratungsstelle der Lebenshilfe Frankfurt am Main e.V.**
- Early Support and Advice Office of the Frankfurt am Main Support Centre
- Mörfelder Landstraße 179 b
- 60598 Frankfurt
- Tel 975870-210, Fax 975870-190
- info@lebenshilfe-ffm.de
- www.lebenshilfe-ffm.de

- **Sozialpädiatrisches Zentrum Frankfurt-Mitte (SPZ)**
- **Clementine Kinderhospital**
- Social Pediatric Centre Frankfurt Mitte
- Clementine Children's Hospital
- Theobald Christ Straße 16
- 60316 Frankfurt
- Tel 9434095-0, Fax 9434095-99
- spz@vae-ev.de
- www.spz-frankfurt.de

- **Sozialpädiatrisches Zentrum (SPZ) im Klinikum Frankfurt Höchst**
- Social Pediatric Centre at Frankfurt Höchst Clinic
- Gotenstraße 6-8, 65929 Frankfurt
- Tel 3106-2070, Fax 3106-2821
- spz@klinikumfrankfurt.de
- www.klinikumfrankfurt.de

G

Geburtskliniken + Geburtshaus

Maternity Clinics and Houses

- **Agaplesion Markus Krankenhaus**
- Agaplesion Markus Hospital
- Wilhelm-Epstein-Straße 4
- 60431 Frankfurt
- Tel 9533-0
- markus@fdk.info
- www.markus-krankenhaus.de

- **Bürgerhospital**
- Citizens Hospital
- Nibelungenallee 37-41
- 60318 Frankfurt
- Tel 1500-853
- www.buergerhospital-frankfurt.de

- **Frauenheilkunde und Geburtshilfe, Universitätsklinikum Frankfurt**
- **Goetheuniversität**
- Maternity Clinic of the Frankfurt
- Goethe University Clinic
- Theodor-Stern-Kai 7, 60596 Frankfurt
- Tel 6301-4312
- www.kgu.de/zfg

- **Geburtshaus Frankfurt**
- Frankfurt Maternity Clinic
- Böttgerstraße 22, 60389 Frankfurt
- Tel 527282
- info@geburtshausfrankfurt.de
- www.geburtshaus-frankfurt.de

- **Hospital zum Heiligen Geist**
- Holy Spirit Hospital
- Lange Straße 4-6, 60311 Frankfurt
- Tel 2196-2466
- info@hospital-zum-heiligen-geist.de
- www.hospital-zum-heiligen-geist.de

- **Klinikum Frankfurt Höchst**
- **Schwangerenberatung**
- Hospital Frankfurt Höchst
- Maternity Advice Centre
- Gotenstraße 6-8, 65929 Frankfurt
- Tel 3106-2846
- info@klinikumfrankfurt.de
- www.klinikumfrankfurt.de

- **Krankenhaus Nordwest**
- Nordwest Hospital
- Steinbacher Hohl 2-26
- 60488 Frankfurt
- Tel 7601-1
- www.krankenhaus-nordwest.de

- **Krankenhaus Sachsenhausen**
- Sachsenhausen Hospital
- Schulstraße 31, 60594 Frankfurt
- Tel 6605-0
- info@khs-ffm.de
- www.krankenhaus-sachsenhausen.de

- **St. Marienkrankenhaus**
- St. Marien Hospital
- Richard-Wagner-Straße 14
- 60318 Frankfurt
- Tel 1563-0
- www.marienkrankenhaus-frankfurt.de

Gemeinsam leben Hessen e.V.
c/o elternbund hessen
Living Together in Hesse
Oeder Weg 56
60318 Frankfurt
Tel 83008685
www.gemeinsamleben-hessen.de

H
Haus für Frauen und Kinder
Frankfurter Verein für soziale Heimstätten e.V.
House for Women and Children
Frankfurt Association for Social Refuge
Postfach 610208, 60344 Frankfurt
Tel 412679 + 412670 + 0172 7762011
Fax 410091
hfk@frankfurter-verein.de
www.frauenhaus-frankfurt.de

Hessischer Flüchtlingsrat
Hessian Council for Immigrants
Leipziger Straße 17, 60487 Frankfurt
Tel 976987-10, Fax 976987-11
hfr@fr-hessen.de
www.fr-hessen.de

Hessisches Amt für Versorgung und Soziales – Versorgungsamt –
Hessian Social Welfare Office
Walter-Möller-Platz 1, 60439 Frankfurt
Tel 1567-1 (Zentrale)
Tel 0180 2358376 (Hotline)
Fax 1567-234
post@havs-fra.hessen.de

I
Imbradiva e. V. – Brasilianische Fraueninitiative gegen Diskriminierung und Gewalt e.V.
Brazilian Women's Initiative against Discrimination and Violence
Adalbertstraße 36 a, 60486 Frankfurt
Tel 97264269 (Anrufbeantworter)
Fax 97264337
mail@imbradiva.org
www.imbradiva.org

Informationszentrum für Männerfragen e.V.
Information Centre for Men's Issues
Sandweg 49, 60316 Frankfurt
Tel 4950446, Fax 94948564
infozentrum@maennerfragen.de
www.maennerfragen.de

Infrau e.V. – Interkulturelles Beratungs- und Bildungszentrum für Frauen, Mädchen und Seniorinnen
Intercultural Advice and Education Centre for Women, Girls and Senior Female Citizens
Höhenstraße 44, 60385 Frankfurt
Tel 451155, Fax 4693324
info@infrau.de
www.infrau.de

Internationale Humanitäre Sprechstunden – Amt für Gesundheit
Stadt Frankfurt am Main
International Humanitarian Consultation Hours – Frankfurt am Main
Public Health Office
Breite Gasse 28, 60313 Frankfurt
Tel 212-45241, Fax 212-39265
internationale.sprechstunden@stadt-frankfurt.de
www.gesundheitsamt.stadt-frankfurt.de

Internationales Familienzentrum e.V.
Interkulturelle Erziehungs- und Familienberatung
International Family Centre
Intercultural Advice Centre for Family and Child Care
Sophienstraße 46, 60487 Frankfurt
Tel 30038999-0, Fax 30038999-25
info@ifz-ev.de
www.ifz-web.de

Internationales Familienzentrum e.V.
Interkulturelle Familienbildung im Gusti Gebhardt-Haus
International Family Centre
Intercultural Family Education Centre in the Gusti Gebhardt Haus
Ostendstraße 70, 60314 Frankfurt
Tel 943444-0, Fax 943444-70
gusti-gebhardt-haus@ifz-ev.de
www.ifz-web.de

J

Jobcenter Frankfurt am Main Job Centre Frankfurt am Main

jobcenter-frankfurt-main@jobcenter-ge.de
www.jobcenter-ge.de/frankfurt-am-main

Jobcenter Nord

Job Centre North
Emil-von-Behring Straße 10
60439 Frankfurt
Tel 2171-3493, Fax 59768-125

Jobcenter Süd

Job Centre South
Geleitsstraße 25, 60599 Frankfurt
Tel 2171-3493, Fax 59769-121

Jobcenter Ost

Job Centre East
Ferdinand-Happ-Straße 22
60314 Frankfurt
Tel 2171-3493, Fax 567006-892

Jobcenter West

Job Centre West
Salvador-Allende-Straße 3
60487 Frankfurt
Tel 2171-3493, Fax 2171-3046

Jobcenter Höchst

Job Centre Höchst
Kurmainzer Straße 4, 65929 Frankfurt
Tel 2171-3493, Fax 3083-5301

Jobcenter Mitte

Job Centre Centre
Baseler Straße 35-37, 60329 Frankfurt

Jüdische Gemeinde Frankfurt am Main

Jewish Community Frankfurts
Westendstraße 43, 60325 Frankfurt
Tel 768036-0, Fax 768036-149
mailto@jg-ffm.de
www.jg-ffm.de

Jugendmigrationsdienste Youth Immigration Service

www.jugendmigrationsdienste.de

AWO Perspektiven gGmbH

JUGENDMIGRATIONSDIENST
FRANKFURT-HÖCHST I
YOUTH MIGRATION SERVICE
FRANKFURT-HÖCHST I
Leverkuser Straße 20, 65929 Frankfurt
Tel 30039819, Fax 30854160
jmd-ffm@awo-hessensued.de

JUGENDMIGRATIONSDIENST

FRANKFURT-HÖCHST II
YOUTH MIGRATION SERVICE
FRANKFURT-HÖCHST II
Kasinostraße 6, 65929 Frankfurt
Tel 370047818, Fax 30854160
jmd-ffm@awo-hessensued.de

JUGENDMIGRATIONSDIENST

FRANKFURT-INNENSTADT
YOUTH MIGRATION SERVICE
FRANKFURT-CENTRE
Allerheiligtentor 2-4, 60311 Frankfurt
Tel 209739916, Fax 209739920
jmd-ffm@awo-hessensued.de

Caritasverband Frankfurt e.V.

Caritasverband Frankfurt e.V.

JUGENDMIGRATIONSDIENST

YOUTH MIGRATION SERVICE
Rüsterstraße 5, 60325 Frankfurt
Tel 17002421, Fax 170024-24
jugendmigrationsdienst@caritas-frankfurt.de

JUGENDMIGRATIONSDIENST

YOUTH MIGRATION SERVICE
Königsteiner Straße 8, 65929 Frankfurt
Tel 31408816, Fax 314088-88
jens.krueger@caritas-frankfurt.de

Evangelischer Verein für

Jugendsozialarbeit e.V.

Protestant Society for
Youth Social Work

JUGENDMIGRATIONSDIENST

YOUTH MIGRATION SERVICE
Rechnegrabenstraße 10
60311 Frankfurt
Tel 9210567-20, Fax 92106672-23
jmd@ervffm.de

JUGENDMIGRATIONSDIENST

YOUTH MIGRATION SERVICE
Im Heisenrath 14, 60529 Frankfurt
Tel 66161697, Fax 66113501
jmd@ejuf.de

IB – Internationaler Bund e.V.

Jugendmigrationsdienst

International Federation
Youth Immigration Service
Hufnagelstraße 14 und
Frankenallee 103, 60326 Frankfurt
Tel 7381888 + 9073786-2
Fax 9073786-1
jmd-ffm@internationaler-bund.de
www.internationaler-bund.de

Jugend- und Sozialamt

Stadt Frankfurt am Main

FERIENKARUSSELL
Youth and Social Office
for Frankfurt am Main
HOLIDAY CAROUSEL
Eschersheimer Landstraße 241-249
60320 Frankfurt
Tel 212-31549
ferienkarussell@stadt-frankfurt.de
www.ferienkarussell-frankfurt.de

ZENTRALES TEAM 51.A66

CENTRAL TEAM 51.A66
Mainzer Landstraße 314-321
60326 Frankfurt
Tel 212-33133
bildung-teilhabe@stadt-frankfurt.de

jump – Ihr Sprungbrett in die Selbstständigkeit – Frauenbetriebe e.V.

jump – Your Spring into Self-employment
– for Women's Business Initiatives
Hamburger Allee 96, 60486 Frankfurt
Tel 7158955-0, Fax 7158955-29
info@jump.de
www.jump.de

K

Katholische Familienbildung Frankfurt

Catholic Family Education Centre Frankfurt
Tituscorso 2 b, 60439 Frankfurt
Tel 13307790-0, Fax 13307790-25
kath.fbs.frankfurt@bistum-limburg.de
www.fbs-frankfurt.de

Kindermuseum Frankfurt

Children's Museum Frankfurt
An der Hauptwache 15, 60313 Frankfurt
Tel 212-35154, Fax 212-42078
info.kindermuseum@stadt-frankfurt.de
www.kindermuseum.frankfurt.de

Kinder- und Familienzentrum Fechenheim

Familienbildung/Kurse/Beratung
Children and Family Centre Fechenheim
Family Education/Courses/Advice
Am Hennsee 21, 60386 Frankfurt
Tel 42694079
kifaz-fechenheim@gmx.de

Kinder- und Familienzentrum Monikahaus

Sozialdienst kath. Frauen e. V.
Children and Family Centre Monikahaus
Social Service of Catholic Women
Kriegstraße 36, 60326 Frankfurt
Tel 973823-0, Fax 973823-55
monikahaus@skf-frankfurt.de
www.skf-frankfurt.de

Kita Frankfurt

Nursery Schools Frankfurt
Zeil 5, 60313 Frankfurt
Tel 212-48793, Fax 212-73895
kitafrankfurt@stadt-frankfurt.de
www.kitafrankfurt.de

KOMM Ambulante Dienste

KOMM Outpatient's Service
Am Eisernen Schlag 27-29, 60431 Frankfurt
Tel 951475-0, Fax 951475-75
info@kommev.de
www.kommev.de

Krisen- und Lebensberatung im Haus der Volksarbeit e.V.

Counselling in times of Crisis and
Hardship at the Haus der Volksarbeit
Eschenheimer Anlage 21, 60318 Frankfurt
Tel 1501-108 + 1501-234, Fax 5975503
kontakt@hdv-ffm.de
www.hdv-ffm.de

L

LAG Freie Kinderarbeit Hessen e.V.

LAG Independent Child Care Hesse
Große Friedberger Straße 16-20
60313 Frankfurt
Tel 590338, Fax 5970977
info@laghessen.de
www.laghessen.de

Lebenshilfe für Menschen mit geistiger Behinderung e.V. Frankfurt am Main
Gut Hausen
Help for People with Mental Illness
Friedrich-Wilhelm-von-Steuben-Straße 2
60598 Frankfurt
Tel 174892-500, Fax 174892-780
info@lebenshilfe-ffm.de
www.lebenshilfe-ffm.de

M
Maisha e.V., African Women in Germany
Ravenstein-Zentrum
Pflingstweidstraße 7, 60316 Frankfurt
Tel 90434905, Fax 90435643
maisha-african-women@gmx.de
www.maisha.org

Malteser Migranten Medizin Frankfurt
Maltese Migrant Medicine Frankfurt
Medicentrum – Ärztehaus
am Markus Krankenhaus, 2. OG
Wilhelm-Epstein-Straße 2, 60431 Frankfurt
Tel 9533-4547, Fax 9533-4544
info@malteser-frankfurt.de

Mehrgenerationenhaus Frankfurt
Kinder im Zentrum Gallus e.V.
Frankfurt's Intergenerational House
Children Centre in Gallus Centre e.V.
Idsteiner Straße 91, 60326 Frankfurt
Tel 75846666, Fax 75002954
info@kiz-gallus.de
www.kiz-gallus.de

Migrationsberatungsstellen
Advice Centres for Immigrants
www.integrationskurse-frankfurt.de

- **ASB Lehrerkoooperative gGmbH**
- **Frauenprojekt Gallus**
- ASB Teacher Cooperative
- Women's Project Gallus
- Hattersheimer Straße, 60326 Frankfurt
- Tel 7382863, Fax 24279797
- migrationsberatung@lehrerkoooperative.de
- www.lehrerkoooperative.de

- **AWO Perspektiven gGmbH**
- INTEGRATIONSDIENST
- FRANKFURT-HÖCHST I
- INTEGRATION SERVICE
- FRANKFURT-HÖCHST I
- Kasinostraße 6, 65929 Frankfurt
- Tel 30060730 + 30059695 + 30059592
- meb@awo-hessensued.de
- INTEGRATIONSDIENST
- FRANKFURT-HÖCHST II
- INTEGRATION SERVICE
- FRANKFURT-HÖCHST II
- Leverkusen Straße 20, 65929 Frankfurt
- Tel 30037747, Fax 30058645
- meb@awo-hessensued.de

- INTEGRATIONSDIENST
- FRANKFURT-INNENSTADT
- INTEGRATION SERVICE
- FRANKFURT CENTRE
- Allerheiligentor 2-4, 60311 Frankfurt
- Tel 209739914, Fax 209739918
- mmbe-aht@awo-hessensued.de

- **Caritasverband Frankfurt e.V.**
- **Fachdienst für Migration**
- Caritas Association Frankfurt
- Specialist Service for Immigrants

- **TEAM STADTMITTE**
- **TEAM CENTRE**
- Rüterstraße 5, 60325 Frankfurt
- Tel 170024-0, Fax 170024-24
- migration.stadtmitte@caritas-frankfurt.de

- **TEAM HÖCHST**
- **TEAM HÖCHST**
- Königsteiner Straße 8, 65929 Frankfurt
- Tel 314088-14, 314088-88
- migration.hoechst@caritas-frankfurt.de

- **Evangelisches Zentrum für Beratung und Therapie am Weißen Stein**
- **Sozialberatung für Migranten und Flüchtlinge**
- Protestant Centre for Advice and Therapy at Weißer Stein
- Social Advice Centre for Immigrants and Asylum Seekers
- Eschersheimer Landstraße 567
- 60431 Frankfurt
- Tel 5302-291, Fax 5302-157
- migrationsberatung@frankfurt-evangelisch.de
- www.frankfurt-evangelisch.de

- **Infrau e.V.**
- Höhenstraße 44, 60385 Frankfurt
- Tel 451155, Fax 4693324
- info@infrau.de
- www.infrau.de

- **Verband binationaler Familien und Partnerschaften, iaf e.V.**
- **Society of Binational Families and Partnerships**
- Ludolfusstraße 2-4, 60487 Frankfurt
- Tel 713756-0, Fax 7075092
- info@verband-binationaler.de
- www.verband-binationaler.de

Mobile Kinderkrankenpflege
Diakonisches Werk Frankfurt am Main
Mobile Nursing Care for Children
Social Welfare Organisation of Germany's Protestant Churches Frankfurt
Kohlbrandstraße 16, 60385 Frankfurt
Tel 452060, Fax 4692510
mobile.kinderkrankenpflege@t-online.de
www.diakonischeswerk-frankfurt.de

MUKIVA Kinder- und Familienzentrum e.V.
MUKIVA Child and Family Centre
Rendeler Straße 48, 60385 Frankfurt
Tel 447460, Fax 15349506
info@mukiva.de
www.mukiva.de

N
Nachbarschaftszentrum Ginnheim e.V.
Ginnheim Neighbourhood Centre
Ginnheimer Hohl 14 H, 60431 Frankfurt
Tel 53056679, Fax 53098240
info@nbz-ginnheim.de
www.nbz-ginnheim.de

Nachbarschaftszentrum Ostend e.V.
Ostend Neighbourhood Centre
Uhlandstraße 50 (Hinterhaus)
60314 Frankfurt
Tel 439645, Fax 436972
info@nbz-ostend.de
www.nbz-ostend.de

Notmütterdienst – Familien- und Seniorenhilfe e.V.
Bundeszentrale Frankfurt
Maternal Emergency Services – Help for Family and Senior Citizens
Frankfurt Federal Centre
Sophienstraße 28, 60487 Frankfurt
Tel 951033-0, Fax 951033-77
frankfurt@nmd-ev.de
www.notmuetterdienst.org

P
Pro Asyl
Kaiserstraße 67, 60329 Frankfurt
Tel 230688, Fax 230650
proasyl@proasyl.de
www.proasyl.de

Pro Familia
www.profamilia.de/frankfurt-main

BERATUNGSSTELLE FRANKFURT-MAIN
FRANKFURT-MAIN ADVICE CENTRE
Palmengartenstraße 14, 60325 Frankfurt
Tel 90744744, Fax 90744730
frankfurt-main@profamilia.de

BERATUNGSSTELLE BORNHEIM
BORNHEIM ADVICE CENTRE
Rendeler Straße 37, 60385 Frankfurt
Tel 468146, Fax 46990020
frankfurt-bornheim@profamilia.de

BERATUNGSSTELLE HÖCHST
HÖCHST ADVICE CENTRE
Im Klinikum Höchst – Raum A-5.116
Gotenstraße 6-8, 65929 Frankfurt
Tel 302017, Fax 3087477
frankfurt-hoechst@profamilia.de

BERATUNGSSTELLE PREUNGESHEIM
PREUNGESHEIM ADVICE CENTRE
Wegscheidestraße 58, 60435 Frankfurt
Tel 5400146
frankfurt-preungesheim@profamilia.de

R
**Rechtsauskunftsstelle des
 Frankfurter Anwaltsvereins e.V.**
 Legal Advice Centre of the
 Frankfurt Bar Association
 Gerichtsstraße 2 (Raum 108)
 60313 Frankfurt
 Tel 282669, Fax 287484
 kanzlei@frankfurter-anwaltsverein.de

**Regierungspräsidium Darmstadt
 Abteilung Arbeitsschutz und
 Umwelt Frankfurt**
 Darmstadt Governmental Department
 Department for Work Protection and the
 Environment
 Gutleutstraße 138, 60327 Frankfurt
 Tel 2714-0, Fax 2714-5951

S
**Schuldnerberatung
 Caritasverband Frankfurt e.V.**
 Debt Counselling
 Caritas Association Frankfurt
 Alte Mainzer Gasse 10, 60311 Frankfurt
 Tel 2982-442, Fax 2982-460
 schuldnerberatung@caritas-frankfurt.de
 www.caritas-frankfurt.de

**Schuldnerberatung
 FALZ Frankfurter
 Arbeitslosenzentrum e.V.**
 Debt Counselling at the FALZ Frankfurt
 Centre for the Unemployed
 Friedberger Anlage 24, 60316 Frankfurt
 Tel 97080274, Fax 704812
 zentrum@falz.org
 www.falz.org

Schuldnerberatung Frankfurt Ost
 Debt Counselling Frankfurt East
 Arnsburger Straße 58 a
 60385 Frankfurt
 Tel 9563890, Fax 95638911
 info@schuldnerberatung-
 frankfurt-ost.de

**Schuldnerberatung
 Jugend- und Sozialamt**
 Debt Counselling
 Youth and Social Office
 Eschersheimer Landstraße 241-249
 60320 Frankfurt
 Tel 212-41388, Fax 212-30788
 schuldnerberatung.amt51@stadt-
 frankfurt.de
 www.boesefalle.org

SOS Alltag e.V.
Schuldner- und Insolvenzberatung
 Debt and Insolvency Counselling
 Schwarzburgstraße 10, 60318 Frankfurt
 Tel 441553, Fax 435377
 info@sos-alltag.de
 www.sos-alltag.de

**Sozialpädagogischer Verein zur
 familienergänzenden Erziehung e.V.**
 Social Pedagogic Society for
 Extended Family Child Care
 Mainkurststraße 2, 60385 Frankfurt
 Tel 904309-0, Fax 495125
 info@sozpaed-verein.de
 www.sozpaed-verein.de

Sozialrathäuser
Stadt Frankfurt am Main
Town Halls for Frankfurt am Main

- **Sozialrathaus Am Bügel**
- Am Bügel Town Hall
- Ben-Gurion-Ring 110 a
- 60437 Frankfurt
- Tel 212-38038, Fax 212-38090
- srh-ambuegel@stadt-frankfurt.de
- **Sozialrathaus Bergen-Enkheim**
- Bergen-Enkheim Town Hall
- Voltenseestraße 2, 60388 Frankfurt
- Tel 212-41211, Fax 212-41297
- srh-bergen-enkheim@stadt-frankfurt.de
- **Sozialrathaus Bockenheim**
- Bockenheim Town Hall
- Rödelheimer Straße 45, 60487 Frankfurt
- Tel 212-74304, Fax 212-39080
- srh-bockenheim@stadt-frankfurt.de
- **Sozialrathaus Bornheim**
- Bornheim Town Hall
- Eulengasse 64, 60385 Frankfurt
- Tel 212-30547, Fax 212-30734
- srh-bornheim@stadt-frankfurt.de
- **Sozialrathaus Dornbusch**
- Dornbusch Town Hall
- Am Grünhof 10, 60320 Frankfurt
- Tel 212-70735, Fax 212-70687
- srh-dornbusch@stadt-frankfurt.de
- **Sozialrathaus Gallus**
- Gallus Town Hall
- Rebstocker Straße 8, 60326 Frankfurt
- Tel 212-38189, Fax 212-40192
- srh-gallus@stadt-frankfurt.de

- **Sozialrathaus Höchst**
- Höchst Town Hall
- Palleskestraße 14, 65929 Frankfurt
- Tel 212-45527, Fax 212-45758
- srh-hoechst@stadt-frankfurt.de

- **Sozialrathaus Nordweststadt**
- Nordweststadt Town Hall
- Nidaforum 9, 60439 Frankfurt
- Tel 212-32274, Fax 212-32052
- srh-nordweststadt@stadt-frankfurt.de

- **Sozialrathaus Sachsenhausen**
- Sachsenhausen Town Hall
- Paradiesgasse 8, 60594 Frankfurt
- Tel 212-33811, Fax 212-30735
- srh-sachsenhausen@stadt-frankfurt.de

Stadtbücherei Frankfurt am Main
 Frankfurt am Main Central Library
 Hasengasse 4, 60311 Frankfurt
 Tel 212-38080, Fax 212-37949
 info@stadtbuecherei.frnkfurt.de
 www.stadtbuecherei.frnkfurt.de

Stadtschulamt Frankfurt am Main
 Local Education Authority
 Seehofstraße 41, 60594 Frankfurt
 Tel 212-33891 (Hotline, general questions)
 Tel 212-35738 (Hotline, nursery school fees)
 Tel 212-36564 (information, nursery care)
 elternentgelte.amt40@stadt-frankfurt.de
 infoboerse.kitas@stadt-frankfurt.de
 www.stadtschulamt.stadt-frankfurt.de

Stiftung Waisenhaus
 Orphanage Charity
 Bleichstraße 10, 60313 Frankfurt
 Tel 298003-0, Fax 298003-29
 waisenhaus-frankfurt@t-online.de
 www.waisenhaus-frankfurt.de

T
Tourist-Info Römer
 Römer Tourist Information
 Römerberg 27, 60311 Frankfurt
 Tel 212-38800, Fax 212-37880
 info@infofrankfurt.de
 www.frankfurt-tourismus.de

V
Väteraufbruch für Kinder
Kreisverein Frankfurt am Main e.V.
 Crisis Centre for Fathers Frankfurt am Main
 Eschersheimer Landstraße 23
 60322 Frankfurt
 Tel 94419286, Fax 59797720
 frankfurt@vafk.de
 www.vafk.de/frankfurt

**Verband alleinerziehender
 Mütter und Väter (VAMV) e.V.**
Ortsverband Frankfurt am Main
 Society of Single Mothers and Fathers
 Frankfurt am Main Local Office
 Adalbertstraße 15-17, 60486 Frankfurt
 Tel 9798-1884, Fax 9798-878
 vamv_frankfurt@hotmail.com
 www.vamv-frankfurt.de

**Verband binationaler Familien und
 Partnerschaften, iaf e.V.**
 Society of Binational Families and
 Partnerships
 Ludolfusstraße 2-4, 60487 Frankfurt
 Tel 713756-0, Fax 7075092
 info@verband-binationaler.de
 www.verband-binationaler.de

Verbraucherzentrale Hessen e.V.
 Hesse Consumer Advice Centre
 Große Friedberger Straße 13-17
 60313 Frankfurt
 Tel 01805 972010 (subject to charge)
 Tel 97201087 (debts and insolvency)
 Fax 97201040
 vzh@verbraucher.de
 www.verbraucher.de

**Verein zur beruflichen
 Förderung von Frauen (VbFF) e.V.**
 Society for the Professional
 Advancement of Women
 Walter-Kolb-Straße 1-7, 60594 Frankfurt
 Tel 795099-0, Fax 795099-30
 info@vbff-ffm.de
 www.vbff-ffm.de

Versicherungsamt
Stadt Frankfurt am Main
 Insurance Office for Frankfurt am Main
 Sandgasse 6, 60311 Frankfurt
 Tel 212-44077, Fax 212-36154
 info.versicherungsamt@stadt-frankfurt.de

**VHS Volkshochschule
Stadt Frankfurt am Main**
Adult Education Centre for
Frankfurt am Main
Sonnemannstraße 13, 60314 Frankfurt
Tel 212-71501, Fax 212-71500
vhs@frankfurt.de
www.vhs.frankfurt.de

W
Walter-Kolb-Stiftung e.V.
Walter Kolb Foundation
Kurt-Schumacher-Straße 41
60313 Frankfurt
Tel 212-40900, Fax 212-40901
info@walter-kolb-stiftung.de
www.walter-kolb.de

Z
**Zentrum Familie
im Haus der Volksarbeit e.V.**
Family Centre at the Haus der Volksarbeit
Eschenheimer Anlage 21, 60318 Frankfurt
Tel 1501-0, Fax 1501-203
zentrum.familie@hdv-ffm.de
www.hdv-ffm.de

Child minders urgently sought!

Frankfurt am Main has become attractive for young families once more. That is why the city intensively supports child care from child minders alongside the extension of child care places in nursery schools and kindergardens for under three year olds. What are the requirements for becoming a child minder? What support can I receive when caring for other people's children? Are there any qualifications to prepare me? What are the requirements for entering those qualifications and how are they financed?

These questions and many more are answered at regular informative events in the Stadtschulamt (City Education Authority).

The events take place at: Stadtschulamt,
Seehofstraße 41, 60594 Frankfurt-Sachsenhausen.
You can find out the dates of events by telephone 212-36564, by Email infoboerse.kitas@stadt-frankfurt.de,
or under www.tagespflegeboerse-frankfurt.de

We look forward to seeing you!